

THE VOLUNTEER VOICE

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Charlotte & Glades County 4-H Volunteer Newsletter













Inside the Issue

LIFE SKILLS: GIVING

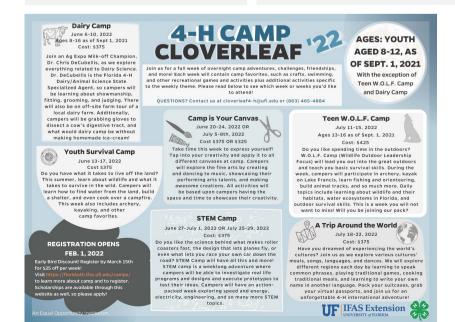
Gain a better understanding of how to guide youth to contribute to a group effort.

SUMMER **OPPORTUINITES**

Find out what opportunities are available for youth this summer.

4-H TAILGATING CONTEST

Do you have youth that like to grill or BBQ. Find more information on the 4-H Tailgating Contest.



4-H Camp is running a little differently this year. Counties do not have their own week of camp Youth may attend any week(s) they choose. If you are interested in providing more information to your members about camp, you can scan the QR code below for more information.



May is National BBQ Month

4-H Tailgating Contest



May is National BBQ month. Did you know that 4-H offers a Regional and State 4-H Tailgating (grilling) competition?

The purpose of this contest is to promote the use of animal protein in the diet by teaching the art and science of safely preparing beef, pork, poultry, and seafood in an outdoor setting. Investment in this activity will provide 4-H youth with life skills, including decision making, healthy lifestyle choices, and communication.

If you have youth that would be interested, here is the regional information:

- When: Saturday, August 13, 2022 Registration/grill set up will be from 9:00 am to 10:00 am with grills starting at 10:30 am EDT
- Where: LaBelle Rodeo Grounds, 20 Veterans Way, LaBelle FL 33935
- Counties: Broward, Charlotte, Collier, DeSoto, Glades, Hardee, Hendry, Highlands, Indian River, Lee, Martin, Miami Dade, Monroe, Okeechobee, Palm Beach, St. Lucie
- Coordinator: Sonja Crawford, sycr@ufl.edu



Summer Citizenship/Leadership Opportunities.

Florida 4-H offers two leadership and citizenship opportunities to older 4-H youth each summer – 4-H University and 4-H Legislature.

4-H University is a weeklong overnight event for senior 4-H youth (4-H age 14-18) held at the University of Florida. Attendees will have the opportunity to participate in educational workshops lead by University of Florida faculty, explore career opportunities, lead community service activities, interact with youth from all over the state, and have fun while developing critical life skills that will help them become productive and engaged citizens of the communities, their country, and their world. While youth are at 4-H University those youth who have advanced to the state level for demonstrations, public speaking, and share the fun have the chance to present their presentations and compete on a state level. This year's competition is scheduled for July 25-28, 2022

Florida 4-H Legislature provides an opportunity for teen 4-H members to have a "learn by doing" experience in state government each summer. During this event, 4-H'ers will serve as Florida 4-H senators, representatives, lobbyists, media correspondents, Lt. Governor or Governor in a "mock" style experience. 4-H participants will get to experience what it takes laws to be considered and passed or vetoed in a model legislative session at the Florida State Capital.

The purpose of Florida 4-H Legislature is to provide an experience that prepares 4-H members for leadership in the American democratic process. Each participant learns, practices and defends the theory and process of representing citizens and making public policy. Join us for this civic education event on June 20-24, 2022with youth from around the state ages 13 to 18 (as of September 1 of the current 4-H year).

May/June 2022

LIFE SKILL: GIVING

Within the hands section of life skills, we will focus on making contributions to a group effort. One example of a group effort is the Club Performance Standards that can be found on the next page. These performance standards contain goals that should be worked on by the club members throughout the year. Each youth is volunteering to identify and work toward a common goal. While working towards a common goal, youth should share responsibility as well as share the achievement.

Activities which you can implement within your 4-H Club to allow youth to make contributions to a group effort include:

- -Planning and carrying out a community service-learning project that involves all members of the club or group.
- -Plan and execute a group fundraiser to reach a common goal.
- -Determine a 4-H project that will require each member to bring designated supplies or ingredients to a future meeting, and then divide the ingredients among the members. (ex. a cooking lesson)

After completing the activity, use these discussion questions to help youth process the skills they learned.

-What did you do to plan and conduct the activity as a team?
-How did others help you?

-How did you keep track of everyone's ideas?

- -Do you get more ideas when working alone or in a group?
- -What did you observe about the way the groups agreed or disagreed?
- -Did everyone agree about decisions taht were made? Why or why not?

-Why do you think people have different ideas about what is correct?
-What did you learn about yourself by doing this activity?



Information derived from Michigan State University Extension Head Life Skills for 4-H Projects

Club Communications through the Summer

Do you communicate with your club members during the summer?

Just because the 4-H year is over and clubs typically do not meet during the summer does not mean that you cannot communicate with your club members and families. For livestock families 4-H can be a year round activity because they still have to feed and care for their animals. For those families that do not have their projects yet, summer is a great time to do some needed repairs or upgrades to their facility or barn.

As leaders you can may get calls from youth all summer long needing help with their projects. In addition, you can also use your current communication avenues (Facebook, text, Remind) to give families tips of thing they need to be doing/thinking about before their new project animal arrives.

During the summer months learning opportunities are everywhere, and often time families are looking for stuff to do. So when you see things that would be fun for your 4-H youth remember to pass it along.

Finally, you have become a caring and compassionate adult in the lives of the youth in your club. Youth enjoy hearing from you even when your 4-H club is not meeting.

Upcoming Beyond the Club Opportunities

- Intermediate State June 10-12
- 4-H Legislature June 20-24 -Tallahassee, FL
- 4-H University July 25-28 Gainesville,

If you know of upcoming opportunities please email them to kpopa@ufl.edu or tyceerprevatt@ufl.edu.

CLUB PERFORMANCE STANDARDS REVISITED



In August we discussed Club Performance Standards and setting goals for your club. The Standards of Excellence can be found on page 13 of the 4-H Club Planning Workbook. Please take a few minutes and reflect on the standards and see how many your club achieved. Also, reflect/plan on how your club could could achieve even more standards next year. Your 4-H agent would be happy to help you look at how much you have achieved and make a plan for achieving even more

- 1. Club/group had a planned annual program that includes group goals. (Ex: recruit 4 new members; 75% of members will attend camp; all members will choose one county learning activity to attend)
- 2. Club/group members were actively involved in planning the club/group's annual program.
- 3. Club/group selected an area of focus for their annual program. (Ex: health & fitness; environmental science; pet care; community service; intercultural understanding) OR club/group is represented in the community, by serving on a committee, council or board with adult partners.
- 4. Club/Group members were involved in implementing the annual program/activities.
- 5. A calendar for the year was printed and distributed to members, parents, volunteers, and the local Extension Office.
- 6. All members were invited and at least 75% of club/group members were involved in at least nine club/group activities during the year.
- 7. Club/Group officers were elected or appointed, and fulfilled their leadership roles.
- 8. Club/Group completed at least one (1) community service project.

in the next 4-H year. As a reminder Standards include:

- 9. Club/Group completed at least one (1) promotion activity that promotes 4-H visibility at the community or county level.
- 10. Club/Group has completed at least one (1) project that promotes 4-H visibility at the county, multi-county, district, state, multi-state, national or global level.
- 11. Club/Group recruited at least one (1) project volunteer for at least 75% of the member's project learning areas.
- $12.\ At\ least\ 75\%$ of the members made progress toward individual 4-H project goals.
- 13. Group developed a method to communicate with families at least three (3) times per year regarding club/group activities, education, and achievements.
- 14. Club/Group planned at least one (l) activity to include parents and families in club/group activities.
- 15. Members took part in a variety of non-competitive activities and/or meetings beyond the 4-H club/group level.
- 16. A scheduled recognition event was held for members, volunteers and parents.
- 17. Club/group planned and implemented at least one multi-club activity.
- 18. Members participated in competitive 4-H events beyond the club/group level.
- 19. 4-H club/group consistently had a safety/supervision ratio of 1 adult to10 youth.
- 20. The racial/ethnic composition of the club reflects the diversity of the surrounding community.

HURRICANE PREPAREDNESS FOR THOSE WITH PROJECT ANIMALS

Summertime in Florida means the possibilities of tropical storms and hurricanes. We can share helpful tips with our club members to help them be prepared for the storm.

For those that already have your 4-H project animal now is a good time to:

- Check your structure where you are keeping your project.
 - Secure any loose boards, wire, or roofing material.
 - Check for and fix any drainage issues in your animal's pen.
- Take inventory of:
 - How much feed you have? Will you have enough if a storm comes and stores or supply lines close?
 - Do you have supplies to take care of minor injuries to your animals that may happen during a storm?
 - Do you have water source if you lose electricity?
 - Do you have a tarp and a way to secure it after the storm? Tarps can be used for many things, and will be in short supply if a storm hits our area.

If you do not have your 4-H project animal yet, here are some things you still need to think about:

- Check you structure that you will be keeping your project in. Go ahead and fix any loose wire, boards, or roofing material now in order to prevent damage from occurring.
- Purchasing a tarp and a way to secure it is still a great idea. Store them until needed. Months after Hurricane Irma, many youth still had damage to their pens and barns. Then came the first cold front of the year, and youth needed a way to keep animals dry and warm. Stores had not yet recovered, and tarps were in short supply.

Although we never want to think about these storm hitting our area, now is the time to start preparing and making a plan. More information on preparing livestock for a hurricane can be found at: https://sfyl.ifas.ufl.edu/archive/hot_topics/disaster_prep/hurricane_prep_ag.shtml.



Family Hurricane Preparedness and Plans

As club leaders we often times worry about our club members and their families, but have you taken a minute and though about your personal family's hurricane or disaster plan. Part of being caring compassionate adult to our youth includes self care. We must take time to plan and prepare ourselves and our families so that we can help our youth be prepared. Now is a great time to make sure your family preparedness plan is up to date. You can download a disaster supply check list at:



NOTE: As we think about the lifeskill of giving often times after a storm there are many ways that youth can give back to their community. Such as: helping with storm clean up, working at a distribution center, and collecting needed supplies are just a few examples.

May/June Word Search

Communication
Evaluation
Giving
Hurricane
Opportunities
Performance
Plan
Preparedness
Recognition
Standards
Summer

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MAY/JUNE VOLUNTEER CHALLENGE



COMPLETE THIS SURVEY FOR A CHANCE TO WIN A 4-H PRIZE.



Contact Us

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Page 06