What Are You Thankful For?

Although we may see 2020 in a negative light, I hope that you take this month – the month of Thanksgiving to think about everything that you are thankful for this year. Gratitude, another word for being thankful, is one of the healthiest emotions that humans can practice. When you show gratitude, you express your appreciation and thanks for the good things in your life. You can be grateful for more than things that you have. You can be grateful for things that you receive, the people who surround us, and the fun things we get to do each day.

Being thankful or grateful is good for your body, mind and brain. One positive thought of being grateful can lead to another and opens up possibilities for more positivity to happen in your life.

Take a moment, stop and think, reflect and create a list of what you are thankful for! Here are some of the things that I am thankful for this year:
- Family & Friends
- My Health
- Food on my table
- Hot showers
- Books
- Electricity
- Internet
- Animals
- Surprises
- Sleep
- Waking up each day
- The sunrise and sunset
- My home
**Between the Folds: Celebrating World Origami Day**

Origami, the art of paper folding comes from the Japanese words ori (to fold) and kami (paper). Paper was invented in 105 AD and was brought to Japan by Monks in the sixth century. Although the first use of origami was merely for religious ceremonies, by 1603, origami began being used for recreation (decorative and artistic) as well. Traditional origami consisted of folding a single sheet of square paper into a sculpture without cutting, gluing, taping or marking the paper. These traditional works often featured flowers, birds and other nature based designs.

On November 11th, World Origami Day will be celebrated. Originally celebrated in Japan, it is now celebrated around the world. In celebration of this unique form of art, consider creating an Origami turkey to celebrate Thanksgiving or a simple origami heart, bird or hat.

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**Scarecrow Veggie Tray Recipe**

<table>
<thead>
<tr>
<th>Ingredients</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 1/2 Cup Sour Cream</td>
</tr>
<tr>
<td>2. 1/2 Cup Mayonnaise</td>
</tr>
<tr>
<td>3. 8 oz Cream Cheese</td>
</tr>
<tr>
<td>4. 1 tbsp Fresh Dill</td>
</tr>
<tr>
<td>5. 2 tbsp Fresh Parsley</td>
</tr>
<tr>
<td>6. 1 tbsp Dried Minced Onion</td>
</tr>
<tr>
<td>7. 1 tsp Salt</td>
</tr>
<tr>
<td>8. Wheat Thin Crackers</td>
</tr>
<tr>
<td>9. Carrots, Yellow Pepper, Celery</td>
</tr>
<tr>
<td>10. 2 slices - Cucumbers</td>
</tr>
<tr>
<td>11. 2 blueberries or Olive slices</td>
</tr>
</tbody>
</table>

For more information, visit livinglocurto.com for the recipe by Amy Locurto

**FLORIDA STATE FAIR Ethics Seminar**

The Youth Livestock Show Ethics and Animal Care Workshop is designed to educate students of the mandatory procedures and requirements that will be in effect for the Florida State Fair. Certifications are valid for three (3) Fair seasons, not 3 calendar years. The Charlotte County Fair believes that every youth exhibitor should receive proper training and information for raising and showing a youth animal project. With this in mind, the Youth Livestock Show Ethics and Animal Care Training Program was developed by the Florida State Fair and is required for all exhibitors 8 years old and older.

Due to the COVID-19 situation, the expiration date for the 2018 Certifications will be extended until May 2021. For the 2020/2021 Fair Season, Certification Numbers starting with 18, 19, 20, and 21 are valid.

Find a workshop here: https://tinyurl.com/yysb77g2

**HOT OFF THE PRESS**
Peanut Butter is a common staple in many American households. It is packed with nutrition and serves as an excellent source of protein. It is a spread or a food paste that is made from ground dry-roasted peanuts.

There are many ways to eat peanut butter. It can be eaten plain (straight from the jar) or can be paired with other foods to make a scrumptious meal or snack. Peanut butter and jelly sandwiches seem to be a big hit for many.

When I think of peanut butter, I think of peanut butter cookies. They are a favorite in my household. We have them often, probably more often than we should. My kids love to make and share them with others. They love to see the joy that others get when they receive some of their fresh baked cookies.

November is National Peanut Butter Lover’s month. It is also the month that we tend to reflect on the things that we are most thankful for. For many of us, family and friends make the top of the list. I suggest that we celebrate both of these things by baking and sharing some peanut butter cookies with the ones that we love.

Interesting Peanut Facts
- It takes 540 peanuts to make a 12 oz jar of peanut butter.
- By law (in the United States), in order for peanut butter to be labeled peanut butter, it must contain at least 90% peanuts.

Peanut Butter Cookie Recipe

1 cup all-purpose flour (sifted)
¾ teaspoon baking soda
1/2 teaspoon baking powder
1/2 cup butter, softened
3/4 cup peanut butter (creamy or crunchy)
1/2 cup white sugar
1/2 cup packed light brown sugar
1 egg
1 1/2 teaspoon vanilla extract
1 3/4 cup quick oats (grind in blender or food processor to chop finer)

Directions:
In a large bowl, cream together butter 3/4 cup peanut butter, white sugar, brown sugar, and vanilla. Add egg and beat well.
In another bowl, combine the flour, baking soda, baking powder, and oatmeal. Add to creamed mixture. Drop by teaspoons onto greased baking sheet. Bake at 350 degrees F for 10 minutes, or until cookies are a light brown. After removing cookies from the oven, press flat with a spatula, place cookie on wire rack to cool.

*Recipe retrieved from nationalpeanutboard.org
2020-2021 4-H ENROLLMENT

Enrollment for the 2020-2021 4-H year has begun. Make sure to pay your $20.00 enrollment fee for all youth ages 8 and older. Enroll using this link: http://v2.4honline.com
YOU MUST BE ENROLLED IN 4HONLINE TO BE ELIGIBLE TO SHOW AN ANIMAL AT THE CHARLOTTE COUNTY FAIR.

POULTRY SEMINAR

Registration MANDATORY
https://forms.gle/iyVZu3WCGA7eJfJ46

SUNDAY, NOVEMBER 15TH
1:00 - 5:00 PM
Charlotte County Fairgrounds

REMINDERS:
- Masks are MANDATORY for everyone attending the event.
- Plan to bring your own pencils, paper and other supplies for note taking purposes.

Questions?
Contact: Kristie Popa
(941)833-3836
kpopasuff.edu

Additional Volunteer/Leader Seminar
Interested?
Cost: $50.00 per adult
Will take place immediately following the youth seminar.

Registration & Masks are REQUIRED
Register at:
https://forms.gle/iyVZu3WCGA7eJfJ46

4-H SWINE CLUB

The swine club held their first in person showmanship clinic recently. We had a great turn out and everyone learned about how to drive their pigs with their heads up, how to enter the show ring and show ring presence. Also went over daily skin care and went over any concerns anyone was having with their pig. Now everyone is ready to start hitting the show season that starts this month. The first show of the Florida Jr. Swine Circuit is November 21st and 22nd and will be broadcasted live on Walton Webcasting so everyone can go online and cheer on the Charlotte County 4H members from home.
2021 CHARLOTTE COUNTY FAIR
LIVESTOCK - DATES TO REMEMBER

Charlotte County Fair Association, Inc.
The Premiere Showcase of Charlotte County
2333 El Jobean Road * Port Charlotte, Fl. 33948 * 941-629-4252 * Fax 941-629-6540
www.thecharlottecountyfair.com

2021 SCHEDULE TO FOLLOW
FAIR DATES ARE JANUARY 29th - FEBRUARY 7th, 2021

| RULES AVAILABLE | AUGUST 2, 2020 | 8AM-10AM | ON WEBSITE |
| STEER WEIGH-IN | | 8AM-10AM | XL BAR COWPENS |
| HOG/MARKET LAMB TAG-IN | OCTOBER 4, 2020 | 8AM-10AM | ALBOE FARMS |
| SMALL ANIMAL CHECK-IN (BAND/TAG) | OCTOBER 18, 2020 | 9AM-11AM | 4-H OFFICE, GRACE ST |
| SMALL ANIMAL/GOAT ARRIVE | JANUARY 27, 2021 | 5PM-8PM | PAGING FAIRGROUNDS |
| MARKET/BREED LAMB ARRIVE | JANUARY 28, 2021 | 4PM-7PM | FAIRGROUNDS |
| BREED CATTLE ARRIVE | JANUARY 30, 2021 | 8AM-10AM | FAIRGROUNDS |
| POST WORK DAY (ALL) | FEBRUARY 7, 2021 | 9AM-3PM | FAIRGROUNDS |

PAPERWORK DUE IS THE APPROPRIATE ENTRY FORM, EXHIBITOR & PARENT CODE OF CONDUCT, SIGNED BARN RULES. YOU WILL NOT BE ALLOWED TO UNLOAD, WEIGH-IN, TAG-IN UNLESS ALL PAPERWORK IS PROPERLY FILLED OUT AND PRESENT WITH ANIMAL.

MARKET ANIMALS
BREED CATTLE/SMALL ANIMAL/GOAT

WEIGH-IN/TAG-IN
OCTOBER 10, 2020 IF NOT BEFORE TO JACKIE OR FAIR

DAILY ARRIVAL TIMES FOR EXHIBITORS WILL BE ANNOUNCED, YOU MUST CHECK IN YOURSELF NO LATER THAN 15 MINS AFTER THAT TIME, YOU WILL BE CHARGED $25 FEE FOR EACH LATE ARRIVAL. EMERGENCIES ARE TO BE CALLED IN ASAP.

SHOWS/ACTIVITIES:

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRIDAY, JANUARY 29, 2021</td>
<td>7PM</td>
<td>GOAT &amp; LAMB SHOW</td>
</tr>
<tr>
<td>SATURDAY, JANUARY 30, 2021</td>
<td>1PM</td>
<td>STEER SHOW</td>
</tr>
<tr>
<td></td>
<td>5PM</td>
<td>BREED SHOW &amp; SALE</td>
</tr>
<tr>
<td></td>
<td>12:30PM</td>
<td>RABBIT &amp; CAYH SHOW</td>
</tr>
<tr>
<td></td>
<td>3PM</td>
<td>HOG SHOW</td>
</tr>
<tr>
<td>MONDAY, FEBRUARY 1, 2021</td>
<td>3:30PM</td>
<td>POULTRY JUDGED (CLOSED BARN)</td>
</tr>
<tr>
<td></td>
<td>6PM</td>
<td>POULTRY SHOWMANSHIP &amp; AWARDS</td>
</tr>
<tr>
<td>TUESDAY, FEBRUARY 2, 2021</td>
<td>3PM-6PM</td>
<td>PICTURES (Dressed in Club or Sale Attire, No ball caps)</td>
</tr>
</tbody>
</table>

AFTER SHOW/SALE PICTURES WILL ONLY BE TAKEN AFTER EVERYTHING IS COMPLETE AND APPROVED BY BARN CREW (NO EXCEPTIONS)

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>WEDNESDAY, FEBRUARY 3, 2021</td>
<td>6PM</td>
<td>EXHIBITOR RIDE NIGHT (BANDS $10 EACH)</td>
</tr>
<tr>
<td>THURSDAY, FEBRUARY 4, 2021</td>
<td>6-8PM</td>
<td>AGILITY</td>
</tr>
<tr>
<td>FRIDAY, FEBRUARY 5, 2021</td>
<td>5PM-7PM</td>
<td>MARKET ANIMAL BUYER SOCIAL</td>
</tr>
<tr>
<td></td>
<td>7PM</td>
<td>MARKET ANIMAL/BREED CATTLE SALE</td>
</tr>
<tr>
<td>SATURDAY, FEBRUARY 6, 2021</td>
<td>6PM</td>
<td>RECORD BOOKS &amp; THANK YOU'S</td>
</tr>
<tr>
<td></td>
<td>4PM</td>
<td>SMALL ANIMAL/GOAT SALE</td>
</tr>
<tr>
<td>SUNDAY, FEBRUARY 7, 2021</td>
<td>9AM-3PM</td>
<td>POST FAIR WORKDAY</td>
</tr>
</tbody>
</table>

DAILY SCHEDULE: MARKET EXH.
SUBJECT TO CHANGE

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30PM</td>
<td>FEED ANIMALS</td>
</tr>
<tr>
<td>5:45PM</td>
<td>MEETING (AS NECESSARY)</td>
</tr>
<tr>
<td>6:00PM</td>
<td>ALL EXHIBITORS EAT DINNER</td>
</tr>
</tbody>
</table>

BREAKING ANY RULES OR LEAVING WITHOUT PERMISSION WILL RESULT IN A FINE OF $100 PER OCCURRENCE.
PREPARING FOR COLD WEATHER

**Citrus:**
Protect all young trees when the temperature drops below 32 degrees Fahrenheit by doing the following:
- Water 48 hours prior to the freeze.
- Cover the tree with cloth (sheet, blanket or burlap) from top to bottom including the trunk.
- Move indoors or under cover.
- Remove cover when the temperature returns above freezing.

**Swine:**
- Provide housing where the animal can escape from the wind with walls on 3 sides and a roof.
- Provide clean, dry bedding such as straw or wood shavings.
- Provide supplemental heat if needed such as a heat lamp or heater. Keep out of the pigs reach.

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**2020-2021 4-H Club Calendar**

**Beaks & Bills:**
- Poultry
  - September 9th
  - October 14th
  - November 9th
  - December 8th
  - January 13th
  - February 10th
  - March 10th
  - April 14th
  - May 12th

**Bee & Breed:**
- August 25th
- September 22nd
- October 27th
- November 17th
- December 15th
- January 26th
- February 23rd
- March 23rd
- April 27th
- May 25th

**Lifesmarts**
- September 15th
- October 20th
- November 17th
- December 15th
- January 16th
- February 14th
- March TBD
- April 20th
- May 18th

**Goat/Lamb:**
- September 17th
- October 15th
- November 19th
- December 17th
- January 21st
- February 18th
- March 16th
- April 15th
- May 20th

**Horse:**
- September 1st
- October 6th
- November 3rd
- December 1st
- January 9th
- February 2nd
- March 2nd
- April 6th
- May 4th

**Vet Science:**
- September 16th
- October 21st
- November 18th
- December 16th
- January 20th
- February 17th
- March 17th
- April 21st
- May 19th

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Test Your Lifesmarts Knowledge

**What are expenses?**
- Money coming in
- Money going out
- All money sources
- A math problem

**Savings is the process of setting aside money until a future date rather than spending it today.**

True/False

**What to learn more? We are looking for Middle School & High School Aged Youth to join the Lifesmarts club!**

True Money Going Out
If you were not able to pick up your awards, please email kpopa@ufl.edu to arrange pickup.

Virtual Cooking Club
- September
- October
- November
- December
- January
- February
- March
- April
- May

Book Club
- September 21st
- September 28th
- October 5th
- October 12th
- October 19th
- October 26th

Statewide Clubs
Please contact the local 4-H office to see what clubs are offered statewide.

Leader’s Meetings
- August 11th
- September 29
- October
- November
- December
- January
- February
- March
- April
- May
- June

Connect With Charlotte County 4-H

Remind
TO: 81010
@cc4hu

https://www.facebook.com/charlottecounty4h/

http://sfyl.ifas.ufl.edu/charlotte/

*ALL DATES ARE SUBJECT TO CHANGE*
An Equal Opportunity Institution