

DUVAL COUNTY 4-H

WELCOME

PACKET



[HTTP://SFYL.IFAS.UFL.EDU/DUVAL/
4-H-YOUTH-DEVELOPMENT/](http://sfyl.ifas.ufl.edu/duval/4-h-youth-development/)

UF | IFAS Extension
UNIVERSITY of FLORIDA





Duval 4-H

Duval County 4-H welcomes you to our county program!

4-H is America's largest youth development organization. Over 230,000 youth in Florida contribute to our community of more than 6.5 million participants across the nation. Florida 4-H is the youth development program of Florida Cooperative Extension, part of the UF Institute of Food and Agricultural Sciences. 4-H serves youth ages 5-18 of all interests and backgrounds through learning by doing. Programs include clubs, projects, mentoring, camping, school enrichment, and more.

DUVAL 4-H OFFICE AND CONTACTS

4-H DUVAL COUNTY EXTENSION OFFICE

1010 North McDuff Ave
Jacksonville, FL 32254
904-255-7450



<http://sfyl.ifas.ufl.edu/duval/>



@DuvalCounty4H



<https://bit.ly/4-Heventscalendar>



@duvalcounty4h



Spotlight Newsletter (emailed)

4-H EXTENSION AGENTS

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4-H OFFICE STAFF

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WHAT DO THE FOUR H'S STAND FOR?

Head – Mental Development

Gaining deeper knowledge and reasoning.

Heart – Emotional Development

Developing interest, appreciation, and wholesome attitudes.

Hands – Skills Development

Gaining the ability to do, skill in doing, and habit of doing.

Health – Physical Development

Understanding and appreciating a growing and changing body.



18 USC 707

4-H PLEDGE

I pledge ...

My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living,
For my club, my community, my
country, and my world.

4-H MOTTO

“TO MAKE THE BEST BETTER”

4-H SLOGAN

“LEARN BY DOING”

4-H COLORS

“GREEN AND WHITE”

WHITE: symbolizes purity and high ideals;
found on the background of the flag.

GREEN: symbolizes youth, life, and growth;
found on the flag as a green four-leaf clover
with an “H” on each leaf.

4-H CLOVER

The 4-H Emblem should always appear in its entirety—meaning it should always appear as a whole and complete image.

Do not remove any leaves. The leaves cannot be removed or have another image superimposed over the top of any of the leaves. Other images should be moved and appear completely separate from the 4-H Emblem.

4-H YEARLY CALENDAR

this is not a complete list of all 4-H activities

Florida 4-H State Events Calendar: <https://florida4h.ifas.ufl.edu/>

Duval County 4-H Events Calendar: <https://bit.ly/4-Heventscalendar>

FALL (September - November)

- Club Leader Volunteer Retreat
- 4-H Year Begins - September 1st
- At-Large Club Meeting
- 4-H Kick-Off
- Teen Leadership Club Meeting
- Southern Region Teen Leadership Conference
- State Tailgate Contest
- Forest Ecology Clinic
- National 4-H Week
- Club Officer Training
- 1st Executive Board
- Archery Field Match
- Greater Jacksonville Fair

Winter (December -February)

- Florida 4-H Insectathon
- Florida 4-H State Poultry Judging Contest
- Community Pride Proposal Due
- Archery Indoor Match
- At-Large Club Meeting
- Teen Leadership Club Meeting
- Holiday Bake-Off
- 2nd Executive Board
- Archery 3-D Match
- Club Leader Volunteer Retreat
- Florida State Fair
- Archery Traditional Match
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Spring (March -May)

- Duval 4-H County Events
- At-Large Club Meeting
- Archery FITA State Match
- Teen Leadership Club Meeting
- Archery State Match
- Foundation Dinner and Auction
- Forest Ecology Contest
- 4-H Day at the Capitol
- 3rd Executive Board

Summer (June - August)

- Florida 4-H Residential Camp
- Summer Camping Day Camps
- Community Pride Final Reports Due
- State Horticulture I.D. and Judging Contest
- iLead Intermediate Leadership Conference
- Florida 4-H Legislature
- 4-H Scholarships and Awards Trips Interviews
- Senior State Portfolios and Executive Board Applications Due
- Record Books and Clover Awards Due to 4-H Office
- Florida 4-H University
- Duval 4-H Awards Night
- Clover Award Mystery Voyage

Get ready to start all over again!

4-H Foundation and Advisory meets quarterly throughout the year



4-H CLUBS

Clubs are the foundation of 4-H. A 4-H club is a group of five or more youth guided by two adult club leaders. A club can be any size - from a small group of kids in the same neighborhood to a large group of youth from within the county. A 4-H club has a planned program throughout the year and can meet in any location. 4-H clubs are organized to provide community-based, positive, structured learning opportunities for youth during their developmental years. We have a variety of club projects here in Duval County.

Find a club for you by visiting: <https://bit.ly/4-HClubs>

Teen Leadership Club

All senior age 4-H members are invited to be a part of the Teen Leadership Club. This group plans and runs county-level activities and events, serving as ambassadors for Duval 4-H as they meet new people and learn new skills.

District VI Council, State Council, and Executive Board

The District Council has senior representatives from six counties to run district business. Three youth from Duval County are on the District Council, two representatives from Duval County are on State Council, and four youth from the District Council represent District VI at the state Executive Board.

AGE DIVISIONS

4-H age of youth is determined by the age as of September 1st of the 4-H year.

- Cloverbud: 5 - 7 years old
- Junior: 8 - 10 years old
- Intermediate: 11 - 13 years old
- Senior: 14 - 18 years old

4-H GEAR

The National 4-H Council is a non-profit organization that offers a Source Book or catalog that contains 4-H merchandise, including: clothing, scrapbooking supplies, club supplies, awards, project books, give-away items, and more. Individuals can order items online at <https://shop4-h.org/>



COUNTY EVENTS

County Events is a competitive opportunity for 4-H members to share their interests through speeches, demonstrations/illustrated talks, share the fun (talent show), graphic design, and/or photography before a panel of judges.

Public Speaking

This program is designed to give 4-H'ers experience in the preparation and delivery of a speech. This contest requires 4-H'ers to organize and present information on a topic. The speech must be orderly and thorough. 4-H'ers must acquire the ability to speak convincingly in public, expressing ideas effectively with poise and confidence. Junior and Intermediate speeches are 3-7 minutes. Senior speeches are 5-7 minutes.

Illustrated Talks / Demonstrations

A show-and-tell presentation using posters and other visual aids (e.g. PowerPoint). Pick a topic and decide on an opening. Organize the body of the demonstration in a logical order so your audience can follow your instructions. Summarize the main points. Junior and Intermediate talks are 3-12 minutes. Senior talks are 5-12 minutes.

Photography

Each youth may submit no more than one (1) entry per category (5 total per youth) at the county level. The categories are: People, Flora and Fauna, Scenic, Still Life, and Black and White. All photos exhibited must have been taken by 4-H members within one year of previous contest.





Share the Fun

Share your special talents with the audience. Instrumental music, skits, dance, gymnastics, and songs are all part of the Share the Fun Program. All acts should be 3-5 minutes in length. Acts can either be individual or done in teams. Teams are only allowed if all members in the team are in the same age group.

Graphic Design Contest

4-H members have the opportunity to use their creativity and artistic ability to promote their project areas or interests in the form of PowerPoints, brochures, and more.

My Intermediate 4-H Project Report (Ages 11-13)¹

Joy C. Jordan, Jordan Callahan, and Georgene Bender²

Name: _____ Date: _____

County: _____ Age: _____ Years in 4-H: _____

Mailing Address: _____

Club/Group: _____ Leader: _____

Project: _____

Parent/Guardian Name: _____

I personally prepared this report and it is a true record of my 4-H project.

4-H Member Signature: _____ Date: _____

Approval of this report

Parents or Guardian: _____ Date: _____

4-H Leader: _____ Date: _____

RECORD BOOKS

A record book will help you keep organized by detailing information about your project(s). You should complete a record book each year that you participate in any project. Each 4-H member needs to complete and submit a 4-H record book.

The Five Parts of a Record Book

1. The Project Report
2. The Project Workbook
3. The Project Story
4. Project Photos
5. Miscellaneous Supportive Documents

Find more information at

<https://bit.ly/recordbookawards>

CLOVER AWARDS

Clover Awards is an award system that recognizes participants for their achievements. The various standards in each age category create the following levels: BRONZE, SILVER, GOLD, and EMERALD. The expectations become greater as the 4-H member matures through the Cloverbud, Junior, Intermediate, and Senior levels. The standards are based on participation in the 4-H program at the County, District, State, and National level, as well as Leadership, Citizenship, and Community Service project areas. Find more information at <https://bit.ly/recordbookawards>





Florida 4-H Member Performance Standards Award Application

JUNIOR (8-10 YEARS OLD)

Award Level Applying: _____

Name: _____ 4-H Age: _____

Club(s): _____

Activity	Completion Date	Leader/Agent Signature
Project Report		
Attend 2/3 Club Meetings		
Project Presentation		
GOLD (G) Teach Club Activity		
(G) "My 4-H Experience" Poster		
Attended Activities		
BRONZE (B)		
(B)		
SILVER (S)		

WHAT ARE YOUR GOALS?

Your first task this 4-H year is to set your project goals. Consider the questions below. Then add your goals to your record book(s).

What are your 4-H project goals this year (what do you want to learn)?

What events do you hope to participate in?
