

EXTENSION

Institute of Food and Agricultural Sciences

A SELECTION OF SOME TROPICAL AND SUB TROPICAL FRUIT TREES FOR MIAMI-DADE COUNTY

We are fortunate that living in Miami-Dade enables us to grow so many interesting and delicious tropical and sub-tropical fruit trees. Many of these offer not only excellent fruit, but also provide shade and enhance the ornamental appeal of the landscape.

The Miami-Dade Extension Office can provide assistance in choosing trees, and has available for distribution publications written by University of Florida Extension Service fruit tree specialists. The plants listed below are all more or less Apermanent@ landscape items, and are only some of those that can be successfully grown. All of the plants are well adapted to this area, except where noted, and should be available from fruit tree nurseries in South Florida. For those who may want something more temporary, consider papayas, pineapples, passion fruit or strawberries.

Common Name	Plant Description	Fruit Characteristics	Varieties/ Comments
Atemoya	Small, spreading tree with medium growth rate	Large, sweet, light green aggregate fruit. Used fresh.	African pride, Gefner, Page
Avocado, Agucate	Large, fast growing tree	Large green or purple, nutty tasting yellow flesh. Used fresh with salads. Becomes bitter if cooked.	Simmonds, Miguel, Bernecker, Russel, Catalina, Waldin, Monroe, Fairchild, Choquette, Kampong
Banana, Platáno	Fast growing, herbaceous Ashrub@	Large, yellow, sweet	Hua Moa, Orinoco, Red, Mysore, FHIA3, Cavendish
Barbados Cherry, Acerola	Large, moderate growing shrub with multiple trunks.	Large, red, sweet or tart berry. Excellent source of vitamin C. Use fresh	Seed, air layers best. Florida Sweet

TROPICAL FRUITS FOR DOORYARD PLANTING

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Black Sapote Sapote negro	Large, slow growing tree	Large, dark green-black, sweet. Fresh or as pie filling.	Seedlings, Bernecker, Merida
Star Fruit, Carambola	Medium tree with medium growth rate	Large, yellow/orange, five ribbed, sweet or tart. Usually used fresh but can be cooked.	Arkin, Golden Star Fwang Tung, others. Susceptible to wind damage.
Egg Fruit, Canistel	Medium to large, moderate to fast growing tree	Variable shape, sweet, dry yellow flesh. Use fresh or cooked as pie filling.	Seed/grafted. Bruce, Ross, Fairchild 1,2.
Grumichama	Small, slow growing tree/shrub	Small, sweet, purple to black, slightly resinous. Ripe eaten fresh, half ripe as preserves.	Seedlings. There are other small, attractive fruit producing Eugenias.
Guava, Guayaba	Small, medium growing tree	Medium/large, round sweet and aromatic. Fresh or cooked.	Red, Yellow Asian. Susceptible to fruit fly.
Jaboticaba	Small, slow growing tree	Grape-like, black, sweet. Use fresh or as juice if skinned.	Seed, rarely grafted.
Jakfruit, Jaca	Large, moderate to fast growing tree	Very large, rounded or eleongated, aggregated fruit. Cook full grown but not ripe as a vegetable Ripe fruit: pulp around seeds eaten fresh and seeds cooked.	Seed, cuttings. N-S-1, Singapore, Ceylon, J- 31, Dang Raisimi, Honey Gold, Cheena, Kun Wi Chan and others.
Longan, Mamoncillo	Large, fast growing tree	Small/medium, brown, sweet. Usually eaten fresh - can be dried or cooked.	Air layers. Kohala, Big Boy, Champoo, others. Less demanding than lychee.
Loquat, Nispero japones	Small to medium tree with medium growth rate.	Small, round to oval, yellow- orange, sweet. Used fresh or cooked.	Seed, but air layers better - Champagne, Tanaka, others. Susceptible to fruit fly.
Lychee, Mamoncillo lichi	Large tree with a moderate to fast rate of growth.	Medium, round to oval with red rough skin, sweet white pulp. Usually fresh, but can be dried.	Mauritius, Hak Ip, Kwai May Pink (Brewster, production unreliable).
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Macadamia Nut	Medium, slow growing tree.	Nut with very hard shell, white kernel.	Air layers best. Arkin, Kau, others. May experience nutritional problems on limestone and is susceptible to wind damage.
Mamey Sapote, Sapote	Large, fast growing tree	Large, scurfy oval to round, sweet to subacid, orange flesh. Usually fresh, as well as sherberts and ice cream.	Maga a Canistel, Pantin, Pace many others - seed but grafted best.
Mango	Medium to large tree with medium growth rate.	Medium to large, various colors, sweet to resinous. Used fresh or in preserves and baked goods. Some varieties harvested hard and green for use in Asian cuisine.	Glenn, Carrie, Kent, Florigon, Nam Doc Mai, Cogshall, Mallika, Keitt, Beverley, Okrung, Dot, Saigon, Cushman, Philippine, Carabao and others.
Sapodilla, Nispero, Chicosapote, Naseberry.	Large, slow growing tree	Large, scurfy, tan to brown, with sweet tan pulp. Used as a fresh desert, but can be cooked as a pie filling.	Seed, grafted better - Prolific, Brown Sugar, Hasya, Ox, Tikal, Makok, Alano, Molix. Excellent ornamental.
Star apple, Caimito	Medium to large tree with medium growth rate.	Large, purple or green. Use fresh - spoon out flesh and avoid skin and rind.	Haitian Star, Purple, Green, others. Excellent ornamental.
Spanish lime, Mamoncillo, Quenepa	Large, slow growing tree	Medium, green, subacid white pulp. Used fresh or cooked for juice.	Seed, air layers. Queen, Sosa, Cuban 1,2. Need both male and female plants for fruit.
Soursop, Guanabana	Small tree with medium growth rate.	Large, green with soft spines, sweet. Use fresh and in ice creams.	Seedlings, selections from Costa Rica and Puerto Rico. Very cold sensitive and will only succeed in the Keys and near coast.
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Sweetsop, Sugar apple, Anon, Annona	Small tree with medium growth rate.	Large, segmented light greenish yellow, with sweet creamy pulp. Eaten fresh	Grafted or seed, Lessard, Purple. Well adapted to S. Florida
White Sapote, Sapote Blanco	Large, fast growing tree.	Medium - large, smooth, greenish yellow, with sweet, pear-like flavor.	Seeds, grafted best. Dade, Homestead, Smathers.
Tamarind, Tamarindo	Large Tree with medium growth rate.	Pod with brown date like pulp used fresh or dried and as base for sauces and chutneys.	Seeds, air layers or grafted. Manila Sweet and others. Excellent ornamental and shade. Very wind resistant.

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