

Team Captain's Log

Captain's Name: _____

Team Name: _____

Directions: Collect individual minutes from your teammates for each of the 12 weeks of the program and add them to the table below. Every Monday report your team total to the Extension Office. After the program, add your weekly totals to see how many minutes you walked together over the course of 12 weeks!

| <i>Teammates</i> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|--------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|
| 1. | | | | | | | | | | | | |
| 2. | | | | | | | | | | | | |
| 3. | | | | | | | | | | | | |
| 4. | | | | | | | | | | | | |
| 5. | | | | | | | | | | | | |
| <i>Total Team Weekly Minutes</i> | | | | | | | | | | | | |

Total team minutes walked during Let's Walk Florida! _____