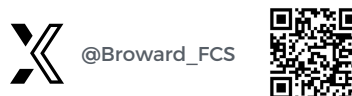
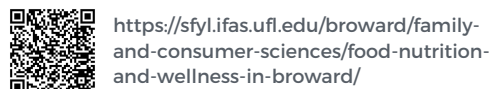
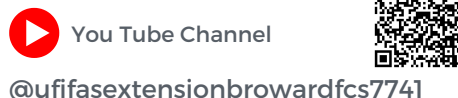


About  
**UF/IFAS Family &  
Consumer Sciences**

## CONTACT US

UF/IFAS Extension Broward County  
3245 College Avenue  
Davie, FL 33314  
Phone: 954-756-8550  
Email:  
[bjimenez@ufl.edu](mailto:bjimenez@ufl.edu)  
[rosemorrales@ufl.edu](mailto:rosemorrales@ufl.edu)

### Connect With Us



# UF/IFAS Extension Broward County

## Family & Consumer Sciences (FCS)



### Nutrition, Health, Wellness, Food Safety, and More

UF/IFAS Extension, Broward County, Family Youth and Consumer Sciences (FCS) provides a wide range of programs aimed at supporting and improving life across the county, state, nation and internationally. Broward County Extension FCS programs (FEAFCS) help Floridians address a wide range of topics from building stronger families and improving nutrition, health, and food safety practices to managing family budgets and other resources. Whether you are retired, a parent, a teen, a visitor or somewhere in between, we've got Solutions for Your Life. The Broward County Family Youth and Consumer Sciences Extension program provides science-based information and educational programming to the community to empower individuals and families to make informed decisions about their well-being and to help them make changes to improve their health, wellbeing, and quality of life.



## Learning Experiences with Family and Consumer Sciences

Programs are designed to improve the likelihood that participants will make healthy lifestyle choices to improve their overall health, wellbeing, food safety practices, quality of life and/or choose a physically active lifestyle.

## Audiences and Community Partnerships

Partnerships are formed and audiences (youth, adults, parents, grandparents, and seniors) are taught research based and factual information. Partnerships include senior centers, faith-based groups, schools, after schools, preschools, libraries, and much more.



## Key Outcomes and Impact

Science-based, behaviorally focused Broward FCS education that can maximize the impact by concentrating on a small set of key outcomes, good lifestyle practices, particularly proper diet with physical activity, engaging in self-care, use of food safety principles and mindfulness can have a tremendous impact on health through life.

Family and Consumer Sciences Blogs, read here:



SCAN ME



## Support Our Mission By:

- Donate and contribute financially
- Share this with family and friends
- Subscribe to our Apple Core and More Newsletter
- Volunteer your time
- Learn from us and positively change lifestyle behaviors

SCAN TO DONATE HERE:



## Volunteer With Us

Broward County Family and Consumer Sciences sometimes uses volunteers to help support staff and deliver programs across the county. We are always looking for interested adult volunteers, ServSafe certified chefs, proof readers, and others that are desiring to help with our FCS outreach programs. Our opportunities are flexible and offer a variety of time commitments.

