LIFE SKILLS: MANAGING
You will gain skills to help them keep accurate records throughout the year.

SUMMER OPPORTUNITIES
Find out what opportunities are available for youth this summer.

COUNTY EVENTS
Allow youth the opportunity to experience preparing and delivering 4-H related speeches, presentations and more!

4-H Camp is running a little differently this year. Counties do not have their own week of camp. Youth may attend any week(s) they choose. If you are interested in providing more information to your members about camp, you can scan the QR code below for more information.

FOUNDATION OF THE GATOR NATION - AN EQUAL OPPORTUNITY INSTITUTION
Building Confidence in Youth
As we look at the word “confidence”, it has several meanings.

1. The feeling or belief that one can rely on someone or something; firm trust.

2. A feeling of self-assurance arising from one's appreciation of one's own abilities or qualities.

Looking at these definitions, as 4-H leaders we can help youth build confidence by giving them someone they can rely on. Like we have discussed in earlier issues, youth need a caring/compassionate adult in their life to believe in. Take a moment and think of ways that you can be that adult that youth rely on and trust. This trust is built by our actions, spoken and unspoken.

If we look at the second meaning of confidence it talks about the appreciation of one's own abilities and words that are used to describe confidence are assurance, certainty, courage, determination, morale, poise, spirit, and tenacity. How as leaders can we help youth gain confidence in not only their abilities, but their qualities? We can:

• Give them a compliment. - Giving a compliment is a simple way that you can boost a youth’s confidence.

• Listen to them. - Just like as adults we sometimes just need someone to listen to us. By just taking the time to listen to a youth. We show we care, and often may give them the confidence they need to make a decision.

• Support them in a leadership role. - Sometimes our youth need to be encouraged to take on leadership roles. By showing them our support in these role, we give them confidence that they can do it.

• Accept them for who they are. - Our youth need to feel accepted. As a caring adult, we can help them gain confidence by accepting them.

It is easy to say that 4-H builds confidence, but please take a moment and really think about a youth in your club that may be struggling, and what you can do to help them gain confidence.
LIFE SKILL: MANAGING

Keeping records throughout your project may oftentimes feel tiresome, repetitive and/or useless to youth, but in reality, keeping records allows youth to gain the following skills:
- Determining the purpose of records
- Choosing an appropriate method or plan for recording information necessary for the record book
- Selection of appropriate records to include
- Ability to accurately record information
- Ability to use information to make a determination, decision or judgement related to their project.

Ultimately, youth develop skills when completing record books from cloverbuds through 4-H Seniors. These skills include:
- Learning to write (Cloverbud)
  Learning to sort and classify (Cloverbud)
  Categorize Information (Juniors)
- Learn to see value in recording information (Juniors)
  - Learn to keep records (Intermediate)
  - Apply record keeping skills to selected tasks (Intermediate)
  - Keep useful and accurate records (Seniors)
  - Understand the value of complete and accurate records (Seniors)

As a leader, if you are curious about what your youth are learning from record keeping, consider posing the following questions:
- What is your favorite way to record information?
  - How did you decide what to choose to record?
  - When have you had to keep track of things before?
  - What skills do you need in order to keep accurate records?
- How would you describe your skill at keeping records?
- What suggestions would you have for someone who wanted to start keeping records?
- What are some other situations when you will need to use your record keeping skills?

Marketable skills – Why do we do what we do in 4-H

What are marketable skills? Marketable skills include both hard and soft skills and are often referred to as employability skills. These skills are intended to help youth market themselves to employers. Many things we do in 4-H help youth develop these skills including record books and writing a 4-H end of the year story.

Record Books – As leaders we often hear the complaints from parents and youth about having to complete a record book. However, many tasks that youth must complete in a record book are skills they can use in their future. Even in the age of computers, texts, and emails companies want employees that can keep accurate records. By doing record books youth also learn about depreciation and profit/loss calculations. These type of calculations are important in the business world.

4-H Stories – Many youth do not like to write a 4-H story, and many parents write the story for them. However, story writing is an important skill to learn. When applying for a job or to a college a cover letter or essay is often required. This letter or essay is not meant to be a rewrite of the youth's resume. It is meant to give the employer or college a deeper look into the applicant. Often times the how to sheets for these items or videos will say, “We want to hear something unique. Tell us a short story that we would not know otherwise.” By writing a 4-H story each year, youth learn to “tell” those stories about their project year, and when it comes time they will be practiced at telling their stories to employers and colleges.

Record book and 4-H story are not often words youth want to hear, but if they are diligent and learn to do them correctly they will increase their marketable skills.

Upcoming Beyond the Club Opportunities

- Local County Events
- State Livestock Judging Competition - April 9th - Gainesville, FL
- Intermediate State - June 10-12
- 4-H Legislature - June 20-24 - Tallahassee, FL
- 4-H University - July 25-28 - Gainesville, FL

If you know of upcoming opportunities please email them to kpopa@ufl.edu or tyceerprevatt@ufl.edu.
4-H County Events gives youth ages 8 and up the opportunity and experience of preparing and delivering a 4-H related speech or presentation. Youth can exhibit their knowledge by presenting on a topic related to their 4-H project through public speaking, demonstrations, illustrated talks and share the fun (talent).

County Events allows youth to:
- Develop skills in gathering
- Preparing and present educational information
- Gain confidence in public speaking,
- Exhibit 4-H project knowledge and skills
- Explore the different kinds of County Events presentations.

Those presentations are outlined below:

Demonstrations: also thought of as “show & tell,” put words into action and shows “how to” do something including the steps in doing that and how to use the appropriate supplies. You can use visual aids to enhance your demonstration. You should actually “do” something and have a finished product to show the audience at the end.

Illustrated Talk: Tells “how to” do something through illustrating a process. You should teach the audience how to do something through the use of the posters, graphs, charts, models, equipment, and PowerPoint presentations. No finished product is required.

Public Speaking: A prepared speech that “tells about” something and shares what you have done or learned through the project. During a public speech, you teach, entertain or inform your audience about a topic.

Share the Fun: Share your talent with your audience. Talents include instrumental, vocal, dance, dramatic and novelty acts. Examples include musical instruments, singing, dance, skits, stunts, monologue, impersonation, etc.

Are you interested in learning more about County Events? Check out these links for additional information.
March/April Word Search

M T E H M N S S M D N R C P
A S O S F R O N U E P E O H
R T S P E E C H E M E C M N
A N M C D N M E I O R O M A
T E A O N O R O G N U R U C
C V N N O N O G N S T D N C
I E A F S E M A I T A S I M
C Y G I C N G M T R L S C A
M T I D A O E D E A S I A T
N N N E O E M O K T I U T L
T U G N E H S N R I G S I L
R O A C A T M T A O E O O I
U C T E E I V R M N L R N G
S T N O I T A I C E R P P A

MARCH/APRIL VOLUNTEER CHALLENGE

COMPLETE THIS SURVEY FOR A CHANCE TO WIN A 4-H PRIZE.

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