

# HOT OFF THE PRESS

Official Newsletter of Charlotte County 4-H



## What Are You Thankful For?

Although we may see 2020 in a negative light, I hope that you take this month – the month of Thanksgiving to think about everything that you are thankful for this year. Gratitude, another word for being thankful, is one of the healthiest emotions that humans can practice. When you show gratitude, you express your appreciation and thanks for the good things in your life. You can be grateful for more than things that you have. You can be grateful for things that you receive, the people who surround us, and the fun things we get to do each day.

Being thankful or grateful is good for your body, mind and brain. One positive thought of being grateful can lead to another and opens up possibilities for more positivity to happen in your life.

Take a moment, stop and think, reflect and create a list of what you are thankful for! Here are some of the things that I am

thankful for this year:

Family & Friends

My Health

Food on my table

Hot showers

Books

Electricity

Internet

Animals

Surprises

Sleep

Waking up each day

The sunrise and sunset

My home



thank you



## 4-H ENROLLMENT

### A New and Improved 4-H Online

Florida 4-H is pleased to announce the 4-H Online enrollment and event registration site has been upgraded. Click <http://v2.4honline.com> to access the new login page. This is where you will enroll for the 2020-21 4-H year beginning August 24. Please confirm with your county 4-H personnel for local enrollment dates.



### 4-H Online 2.0

You can access 2.0 from the following browsers on your computer and mobile device. For the best experience, make sure your browser is up-to-date.

- Chrome
- Firefox
- Microsoft Edge
- Safari

**2.0 will not work with Internet Explorer**



### Re-Enrolling a Youth

1. Click on **Family** in the sidebar menu to update family profile information.
2. Click on **Enroll Now** for the member you wish to re-enroll.
3. Confirm that you are enrolling in Florida as a returning 4-H member.
4. Complete all sections of the enrollment.





## Between the Folds: Celebrating Wold Origami Day



Origami, the art of paper folding comes from the Japanese words ori (to fold) and kami (paper). Paper was invented in 105 AD and was brought to Japan by Monks in the sixth century.

Although the first use of origami was merely for religious ceremonies, by 1603, origami began being used for recreation (decorative and artistic) as well.

Traditional origami consisted of folding a single sheet of square paper into a sculpture without cutting, gluing, taping or marking the paper. These traditional works often featured flowers, birds and other nature based designs.

On November 11th, World Origami Day will be celebrated. Originally celebrated in Japan, it is now celebrated around the world. In celebration of this unique form of art, consider creating an Origami turkey to celebrate Thanksgiving or a simple origami heart, bird or hat.

## Scarecrow Veggie Tray Recipe



**Ingredients**

1. 1/2 Cup Sour Cream
2. 1/2 Cup Mayonaise
3. 8 oz Cream Cheese
4. 1 tbsp Fresh Dill
5. 2 tbsps Fresh Parsley
6. 1 tbsp Dried Minced Onion
7. 1 tsp Salt
8. Wheat Thin Crackers
9. Carrots, Yellow Pepper, Celery
10. 2 slices - Cucumbers
11. 2 blueberries or Olive slices



Vegetable Dill Dip Recipe

For more information, visit [livinglocurto.com](http://livinglocurto.com) for the recipe by Amy Locurto

# FLORIDA STATE FAIR Ethics Seminar



The Youth Livestock Show Ethics and Animal Care Workshop is designed to educate students of the mandatory procedures and requirements that will be in effect for the Florida State Fair. Certifications are valid for three (3) Fair seasons, not 3 calendar years.

The Charlotte County Fair believes that every youth exhibitor should receive proper training and information for raising and showing a youth animal project. With this in mind, the Youth Livestock Show Ethics and Animal Care Training Program was developed by the Florida State Fair and is required for all exhibitors 8 years old and older.

Due to the COVID-19 situation, the expiration date for the 2018 Certifications will be extended until May 2021. For the 2020/2021 Fair Season, Certification Numbers starting with 18, 19, 20, and 21 are valid.

Find a workshop here:  
<https://tinyurl.com/yysb77g2>



## PEANUT BUTTER LOVERS MONTH

Peanut Butter is a common staple in many American households. It is packed with nutrition and serves as an excellent source of protein. It is a spread or a food paste that is made from ground dry-roasted peanuts.

There are many of ways to eat peanut butter. It can be eaten plain (straight from the jar) or can be paired with other foods to make a scrumptious meal or snack. Peanut butter and jelly sandwiches seem to be a big hit for many.

When I think of peanut butter, I think of peanut butter cookies. They are a favorite in my household. We have them often, probably more often than we should. My kids love to make and share them with others. They love to see the joy that others get when they receive some of their fresh baked cookies.

November is National Peanut Butter Lover's month. It is also the month that we tend to reflect on the things that we are most thankful for. For many of us, family and friends make the top of the list. I suggest that we celebrate both of these things by baking and sharing some peanut butter cookies with the ones that we love.



### Interesting Peanut Facts

- It takes 540 peanuts to make a 12 oz jar of peanut butter.
- By law (in the United State), in order for peanut butter to be labeled peanut butter, it must contain at least 90% peanuts.



## PEANUT BUTTER CHALLENGE

**2020 PEANUT BUTTER CHALLENGE**

SPREAD THE WORD...  
**PEANUT BUTTER FIGHTS HUNGER!**

**OCT. 1 - NOV. 25**

Donate unopened jars of peanut butter at the UF/IFAS Extension office in your county.

All peanut butter donations go to local food pantries to help feed families in need.

We thank the Florida Peanut Producers Association and Florida Peanut Federation for their continued support and contributions.

From October 1 through November 25, support Florida's peanut producers and people in need in your community by generously donating to the Peanut Butter Challenge.

**FIND THE PEANUT BUTTER CHALLENGE DROP-OFF LOCATION CLOSEST TO YOU.**

4-H Office  
514 E Grace Street  
Punta Gorda 33950  
\*Place in box at Conference Room

fipeanuts.com/industry/at-a-glance | solutionsforyourlife.ufl.edu

### Peanut Butter Cookie Recipe

- 1 cup all- purpose flour (sifted)
- ¾ teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 cup butter, softened
- 3/4 cup peanut butter (creamy or crunchy)
- 1/2 cup white sugar
- 1/2 cup packed light brown sugar
- 1 egg
- 1 ½ teaspoon vanilla extract
- 1 ¼ cup quick oats (grind in blender or food processor to chop finer)

#### Directions:

In a large bowl, cream together butter 3/4 cup peanut butter, white sugar, brown sugar, and vanilla.

Add egg and beat well.

In another bowl, combine the flour, baking soda, baking powder, and oatmeal.

Add to creamed mixture.

Drop by teaspoons onto greased baking sheet. Bake at 350 degrees F for 10 minutes, or until cookies are a light brown.

After removing cookies from the oven, press flat with a spatula, place cookie on wire rack to cool.

\*Recipe retrieved from nationalpeanutboard.org



# 2020-2021 4-H ENROLLMENT

Enrollment for the 2020-2021 4-H year has begun. Make sure to pay your \$20.00 enrollment fee for all youth ages 8 and older. Enroll using this link: <http://v2.4honline.com> **YOU MUST BE ENROLLED IN 4HONLINE TO BE ELIGIBLE TO SHOW AN ANIMAL AT THE CHARLOTTE COUNTY FAIR.**

# POULTRY SEMINAR



Charlotte County 4-H

# POULTRY SEMINAR

Registration MANDATORY  
<https://forms.gle/iyVZu3WCGA7ejFj46>

**SUNDAY, NOVEMBER 15TH**

1:00 - 5:00 PM  
Charlotte County Fairgrounds

### REMINDERS:

- Masks are MANDATORY for everyone at the event.
- Plan to bring your own pencils, paper and other supplies for note taking purposes.

Additional Volunteer/Leader Seminar

Interested?  
Cost: \$20.00 per adult  
Will take place immediately following the youth seminar.

### Questions?

Contact:  
Kristie Popa  
(941)833-3836  
[kpopa@ufl.edu](mailto:kpopa@ufl.edu)

FOUNDATION OF THE GATOR NATION - AN EQUAL OPPORTUNITY INSTITUTION

## Registration & Masks are REQUIRED

Register at:  
<https://forms.gle/iyVZu3WCGA7ejFj46>

# 4-H SWINE CLUB

The swine club held their first in person showmanship clinic recently. We had a great turn out and everyone learned about how to drive their pigs with their heads up, how to enter the show ring and show ring presence. Also went over daily skin care and went over any concerns anyone was having with their pig. Now everyone is ready to start hitting the show season that starts this month. The first show of the Florida Jr. Swine Circuit is November 21st and 22nd and will be broadcasted live on Walton Webcasting so everyone can go online and cheer on the Charlotte County 4H members from home.





# 2021 CHARLOTTE COUNTY FAIR LIVESTOCK - DATES TO REMEMBER

Charlotte County Fair Association, Inc.  
The Premiere Showcase of Charlotte County  
2333 El Jobean Road \* Port Charlotte, Fl. 33948 \* 941-629-4252 \* Fax 941-629-6540  
[www.thecharlottecountyfair.com](http://www.thecharlottecountyfair.com)

## 2021 SCHEDULE TO FOLLOW

**FAIR DATES ARE JANUARY 29th - FEBRUARY 7th, 2021**

RULES AVAILABLE			ON WEBSITE
STEER WEIGH-IN	AUGUST 2, 2020	8AM-10AM	XL BAR COWPENS
HOG/MARKET LAMB TAG-IN	OCTOBER 4, 2020	8AM-10AM	ALBOE FARMS
SMALL ANIMAL CHECK-IN (BAND/TAG)	OCTOBER 18, 2020	9AM-11AM	4-H OFFICE, GRACE ST
SMALL ANIMAL/GOAT ARRIVE	JANUARY 27, 2021	5PM-8PM	FAIRGROUNDS
MARKET/BREED LAMB ARRIVE	JANUARY 28, 2021	4PM-7PM	FAIRGROUNDS
BREED CATTLE ARRIVE	JANUARY 30, 2021	8AM-10AM	FAIRGROUNDS
POST WORK DAY (ALL)	FEBRUARY 7, 2021	9AM-3PM	FAIRGROUNDS

**PAPERWORK DUE IS THE APPROPRIATE ENTRY FORM, EXHIBITOR & PARENT CODE OF CONDUCT, SIGNED BARN RULES. YOU WILL NOT BE ALLOWED TO UNLOAD, WEIGH-IN, TAG-IN UNLESS ALL PAPERWORK IS PROPERLY FILLED OUT AND PRESENT WITH ANIMAL.**

MARKET ANIMALS AT WEIGH-IN/TAG-IN  
BREED CATTLE/SMALL ANIMAL/GOAT OCTOBER 18, 2020 IF NOT BEFORE TO JACKIE OR FAIR

DAILY ARRIVAL TIMES FOR EXHIBITORS WILL BE ANNOUNCED, YOU MUST CHECK IN YOURSELF NO LATER THAN 15 MINS AFTER THAT TIME, YOU WILL BE CHARGED \$25 FEE FOR EACH LATE ARRIVAL. EMERGENCIES ARE TO BE CALLED IN ASAP.

### SHOWS/ACTIVITIES:

FRIDAY, JANUARY 29, 2021	7PM	GOAT & LAMB SHOW
SATURDAY, JANUARY 30, 2021	1PM	STEER SHOW
	5PM	BREED SHOW & SALE
SUNDAY, JANUARY 31, 2021	12:30PM	RABBIT & CAVY SHOW
	3PM	HOG SHOW
MONDAY, FEBRUARY 1, 2021	3:30PM	POULTRY JUDGED (CLOSED BARN)
	6PM	POULTRY SHOWMANSHIP & AWARDS
TUESDAY, FEBRUARY 2, 2021	3PM-6PM	PICTURES (Dressed in Club or Sale Attire, No ball caps)
<b>AFTER SHOW/SALE PICTURES WILL ONLY BE TAKEN AFTER EVERYTHING IS COMPLETE AND APPROVED BY BARN CREW (NO EXCEPTIONS)</b>		
WEDNESDAY, FEBRUARY 3, 2021	6PM	EXHIBITOR RIDE NIGHT (BANDS \$10EACH)
THURSDAY, FEBRUARY 4, 2021	6-8PM	AGILITY
FRIDAY, FEBRUARY 5, 2021	5PM-7PM	MARKET ANIMAL BUYER SOCIAL
	7PM	MARKET ANIMAL/BREED CATTLE SALE
SATURDAY, FEBRUARY 6, 2021	6PM	RECORD BOOKS & THANK YOU'S
	4PM	SMALL ANIMAL/GOAT SALE
SUNDAY, FEBRUARY 7, 2021	9AM-3PM	POST FAIR WORKDAY
DAILY SCHEDULE MARKET EXH.	5:30PM	FEED ANIMALS
SUBJECT TO CHANGE	5:45PM	MEETING (AS NECESSARY)
	6:00PM	ALL EXHIBITORS EAT DINNER

**BREAKING ANY RULES OR LEAVING WITHOUT PERMISSION WILL RESULT IN A FINE OF \$100 PER OCCURANCE**



# 2020-2021 4-H Club Calendar

Charlotte County 4-H  
514 E. Grace Street  
Punta Gorda, FL 33950

Phone: (941) 764-4345  
Kristie: kpopa@ufl.edu  
Carrie: clbaucom@ufl.edu



Charlotte County 4-H

CALENDAR

2020-2021



## Beef & Breed

August 25th  
September 22nd  
October 27th  
November 17th  
December 15th  
January 26th  
February 23rd  
March 23rd  
April 27th  
May 25th

## Rabbit & Cavy

September 8th  
October 13th  
November 10th  
December 8th  
January 12th  
February 9th  
March 9th  
April 13th  
May 11th

## Dog

August 26th  
September 23rd  
October 28th  
November 18th  
December 16th  
January 27th  
February 24th  
March 24th  
April 28th  
May 26th

## Lifesmarts

September 15th  
October 20th  
November 17th  
December 15th  
January 16th  
February 16th  
March TBD  
April 20th  
May 18th

## Swine

August 5th  
September 2nd  
October 7th  
November 4th  
December 2nd  
January 6th  
February 3rd  
March 3rd  
April 7th  
May 5th

## Beaks & Bills Poultry

September 9th  
October 14th  
November 11th  
December 9th  
January 13th  
February 10th  
March 10th  
April 14th  
May 12th

## Goat/Lamb

September 17th  
October 15th  
November 19th  
December 17th  
January 21st  
February 18th  
March 18th  
April 15th  
May 20th

## Horse

September 1st  
October 6th  
November 3rd  
December 1st  
January 5th  
February 2nd  
March 2nd  
April 6th  
May 4th

## Vet Science

September 16th  
October 21st  
November 18th  
December 16th  
January 20th  
February 17th  
March 17th  
April 21st  
May 19th

## Citrus

August 27th  
October 29th  
December 3rd  
January 19th



\*ALL DATES ARE SUBJECT TO CHANGE\*

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**Test Your Lifesmarts Knowledge**

### What are expenses?

- Money coming in
- Money going out
- All money sources
- A math problem

**Savings is the process of setting aside money until a future date rather than spending it today.**

True/False

**What to learn more? We are lookin for Middle School & High School Aged Youth to join the Lifesmarts club!**

True Money Going Out

## PREPARING FOR COLD WEATHER

### Citrus:

Protect all young trees when the temperature drops below 32 degrees Fahrenheit by doing the following:

- Water 48 hours prior to the freeze.
- Cover the tree with cloth (sheet, blanket or burlap) from top to bottom including the trunk.
- Move indoors or under cover.
- Remove cover when the temperature returns above freezing.



### Swine:

- Provide housing where the animal can escape from the wind with walls on 3 sides and a roof.
- Provide clean, dry bedding such as straw or wood shavings.
- Provide supplemental heat if needed such as a heat lamp or heater. Keep out of the pigs reach.



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Phone: (941) 764-4345  
Kristie: kpopa@ufl.edu  
Carrie: cbaucom@ufl.edu



Charlotte County 4-H

CALENDAR

2020-2021



Connect With  
Charlotte County 4-H

## Virtual Cooking Club

- September
- October
- November
- December
- January
- February
- March
- April
- May

## Book Club

- September 21st
- September 28th
- October 5th
- October 12th
- October 19th
- October 26th

## Statewide Clubs

Please contact the local 4-H office to see what clubs are offered state wide.

## Leader's Meetings

- August 11th
- September 29
- October
- November
- December
- January
- February
- March
- April
- May
- June

REMINDE

TO: 81010

@cc4hu



<https://www.facebook.com.com/charlottecounty4H/>

<http://sfyl.ifas.ufl.edu/charlotte/>



\*ALL DATES ARE SUBJECT TO CHANGE\*

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## Important Dates:

4-H Open House  
August - virtually

National 4-H Week  
October 4th - 10th

Officer Training & Installation  
November 12th  
virtually

4-H Clay Shoot Fundraiser  
TBD

Fair Exhibit Booth Workday  
TBD

Charlotte County Fair  
January 29th - February 7th

County Events  
March 30th

Record Books & Awards  
Forms Due  
April 30th

Awards Banquet  
TBD

Camp Cloverleaf  
June 14th-18th



4-H  
Awards

IF YOU WERE NOT ABLE TO  
PICK UP YOUR AWARDS,  
PLEASE EMAIL  
KPOPA@UFL.EDU  
TO ARRANGE PICKUP.

Contact us:

Charlotte County 4-H  
514 E Grace Street  
Punta Gorda, FL 33950

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The University of Florida -  
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