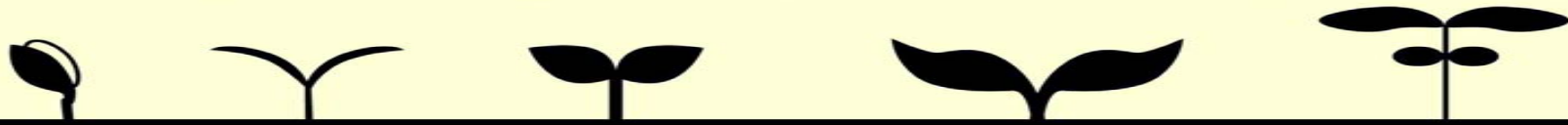


GROW IT YOURSELF



Think Cool!!!



Mary Puckett
Urban Gardening Program
Duval County Extension
904.255.7450

<http://duval.ifas.ufl.edu>

“The Foundation of the Gator Nation”

Beet, White

Beta vulgaris



- Days: 55
- Improved, white-rooted beet for specialty markets
- Round to slightly conical white roots
- Tall, all-green tops
- Soak seeds before planting

Blankoma White Beet

Beet, Bull's Blood

Beta vulgaris



- Days: 35 baby leaf
58 roots
- Heirloom from 1840
- Dual purpose
Sweet deep-burgundy foliage
Harvest roots young
- Soak seeds before planting

Beet Round Red

Beta vulgaris



Red Ace F1

- Best all around beet
- Rapid growth 50 days
- Sweet flavor and tenderness
- Maintains sweet tenderness when larger and older
- Red-veined greens
- Soak seeds before planting

Beet, Specialty OG

Beta vulgaris



- Days: 55
- Improved strain of Chioggia
- Soak seeds before planting
- Selected for:
 - Better skin
 - Candy striping
 - Resistance to bolting

Heirloom from Italy

Chioggia Guardsmark OP

Broccoli

Brassica oleracea var. *italica*



- Days: 63
- Big sturdy plants
- Heavy, firm, dark green domes
- Disease resistant
- Heat and cold tolerant

Arcadia F1

Broccoli

Brassica oleracea var. *italica*



- Days: 49-59 early
- Produces medium sized head
- Powdery light-blue foliage
- Does not hold in the field as well as later varieties

Blue Wind F1

Broccoli

Brassica oleracea var. *italica*



Green Magic F1

- Days: 63
- Medium sized plant
- Heads
 - Uniform
 - Smooth
 - Well-doomed
 - Very attractive

Heat Tolerant

Broccoli

Brassica oleracea var. *italica*



Waltham 29
OP



- Days 85-95
- Introduced in 1954
- Produces 4-8" heads
- Best flavor when they grow and mature with cooler weather

Cabbage

(OG) *Brassica oleracea*



- Days: 68
- Mini cone-shape and pointed
- 1 to 1-1/2 lbs
- Good wrapper leaves for insect & sun protection



Caraflex
F1

Cabbage

(OG) *Brassica oleracea*



- Days 64 (early)
- Deep green 3lb heads
- Good standing ability in field without splitting

Farao F1

Cabbage, Red

Brassica oleracea



Red Express OP

- Days: 60-63
- Mini heads
 - Weighing in around 2-4lbs.
- Suitable for planting in close spaces
- Split resistant

Carrots

Daucus carota



Mokum F1

- Days 36 Baby 54 Full
- Slender-Cylindrical
(6" – 7")
- Crisp sweet flavor roots
"pencil carrots"
- Holds sweet taste even in
warm weather
- Widely adapted
- Short tops

Carrots

Daucus carota



Purple Haze F1

- Days 70-73
- 2006 All American Selections winner
- Purple skin with bright orange interior
- Cooking will cause color to fade, best suited for eating raw
- Sweet flavor
- Tapered roots (7" – 8")
- Medium-short tops

Carrots

Daucus carota



White Satin F1

- Days 68
- Pure white roots
- Cylindrical roots
(avg. 8")
- Sweet flavor
- Adaptable to difficult growing conditions
- Tall tops

Collards

Brassica oleracea



Champion

- Days: 60
- More compact and erect than most “Vate” varieties
- Leaves retain their eating quality up to 2 weeks longer than traditional varieties
- Bolt resistant

Greens, Mustard

Brassica juncea



Red Giant

OG

- Days:
 - 21 Baby/45 Full
- Popular “red” mustard from Japan
- Large, purple-tinted leaves
- Mild mustard flavor
- Large, dark, narrow-stemmed leaves

Pac (Pak) Choi

Brassica rapa subsp. chinensis



Red Choi F1

Adds a touch of red

- Days 45 full size
(8"-10")

Use as micro green, baby leaf, and full size

- Changes from dark green leaves with maroon veins at micro size to dark maroon leaves with green undersides full size
- Prefers cool weather, perform relatively well in warm weather

Asian Green

Brassica rapa Narinosa



Tatsoi OG

- Days:
 - 21 Baby/45 Full
- Leaves form a compact, thick rosette
- Mild flavor
 - Salads
 - Stir-fries
- Plant 6 to 8" apart
- Perfect for fall and spring

Kale

Brassica oleracea



Toscano

- Days:
 - 30 Baby/ 45 Full
- Dark green, blistered leaves
 - “Dinosaur” type
 - Savoyed
- Tolerant to hot & cold

Lettuce, Romaine/COS



Red/Breen OG

- Days: 45
- Compact mini-head
- Average height 8"
- Pelleted seed
 - NOP compliant

National Organic Program
www.ams.gov

Lettuce, Romaine/COS

Lactuca sativa



Green/Claremont

- Days: 46
- Mini romaine 9" tall
- Upright heads open at the top & taper to form a dense heart
- Pelleted seed
 - NOP Compliant

National Organic Program
www.ams.gov

Lettuce, Loose Leaf



Cherokee

- Days: 48
- Thick, crisp, dark red leaves with good flavor
- Very slow bolting with excellent tolerance to heat
- Resistant to Downy Mildew

Lettuce, Bibb Mini Head



Deer tongue OP

- Days: 30
- Heirloom
- Unique, tongue-shaped leaves
- Excellent flavor
- Slow to bolt
- Both heat and cold tolerant

Henderson's Black Seeded Simpson Lettuce



Henderson's Black Seeded
Simpson Lettuce OP

- Days: 45 – 70
- Prefers cooler weather to grow really well
- Loose leaf lettuce
- Leaves slightly curled
- Grows 6 to 7" tall
- Heirloom (1870"s)

Lettuce, Mascara



Mascara OP

- Days: 50 - 65
- Frilly oak-shaped leaves that keep their color in warm weather
- Bolt resistant
- Heirloom developed in Holland

Lettuce, Tropicana



Tropicana

- Days: 52 full head
- Full Leaf lettuce
- Best heat and bolt tolerance of standard dark green leaf types
- Pelleted seed
 - NOP compliant

National Organic Program
www.ams.gov

Radish

Raphanus sativus



- Days: 25-30
- Crunchy slim 3" bicolor roots
- Heirloom: A pre-1885 French heirloom with mild spicy flavor

French Breakfast OP

Radish

Raphanus sativus



Red Meat “Watermelon” OP

- Days: 50
- Large 2” – 4” ball-shaped
- Green on the outside
- Pink inside
- Large tops
- Mild sweet flavor
- Heirloom: “Beauty Heart” of China

Snow Pea

Pisum sativum



Oregon Sugar Pod II OP

- Days: 70
- Bush plants that stay compact 24-30" tall
- High yielding
- Large, thick 4-5" tender and delicious pods
- Two pods per cluster
- Developed by Dr. James Baggett, of Oregon State University
- Pre-soak seeds a few hours before planting

Spinach

Spinacia oleracea



Space F1

- Days: 39
- Tried and True
- Smooth leaf slightly savoyed
- Resistant to downy mildew
- Immature plants may bolt if exposed to frosts
- Soak seeds before planting

Swiss Chard

Beta vulgaris



Bright Lights

- Days:
 - 28 Baby/ 55 Bunching
- Lightly savoyed green leaves
- Stems of many colors
- Flavor is mild
- 20" plants
- Will re-grow if leaves are cut back to 2" from crown

Swiss Chard

Beta vulgaris



Peppermint

- Days:
 - 33 Baby/ 60 Bunching
- Dark green leaves
- Pink and White stems
- Excellent in salad mix

Swiss Chard

Beta vulgaris



- Days:
 - 32 Baby/ 59 Bunching
- Candy-apple red stems w/dark green, red-veined leaves
- Immature plants may bolt if exposed to frosts

Rhubarb OG



Standard Feed

1236 Kings Road 32204



From: 1010 N McDuff Ave. 32254
Going south on McDuff toward Commonwealth
0.4 miles

- Turn left onto W Beaver Street / US-90
 - 1.8 miles
- Turn left onto Myrtle Avenue N
 - 0.3 miles
- Turn right onto Kings Rd/US-23 / SR-139
 - .09 miles
- 1236 Kings Road is on the right
 - If you reach Minnie Street you've gone too far

Standard Feed 1236 Kings Road

Upcoming Programs

“Eating and Growing Seasonably”

Saturday, September 14th

Extension Office 9AM – 1PM

Cost is \$10.

“Growing Vegetables in Containers”

Including: How to Make a Grow Bucket and
Passive Hydroponics (Growing Lettuce)

Saturday, October 7th

Field Office off of Superior St. (call for directions)

9AM – NOON

\$5.00 Limited Space

Call Jeannie Crosby @ 255-7450 to register

Duval County Extension Office

Monday through Friday 11AM – 5PM