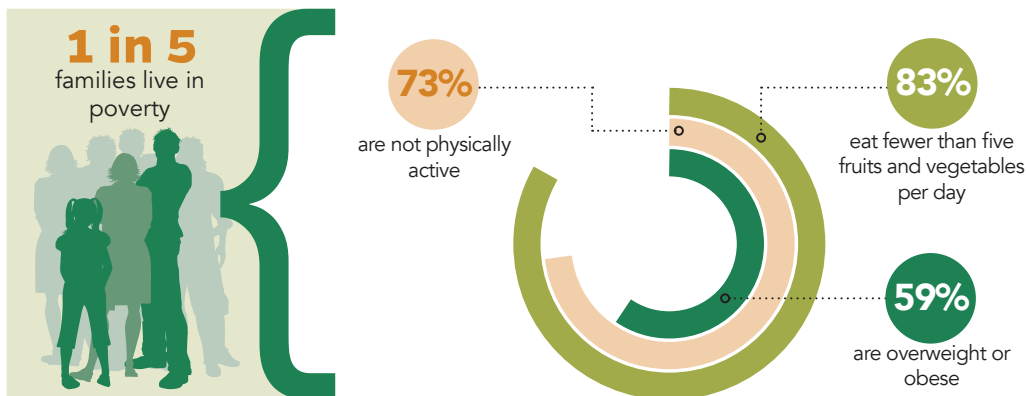




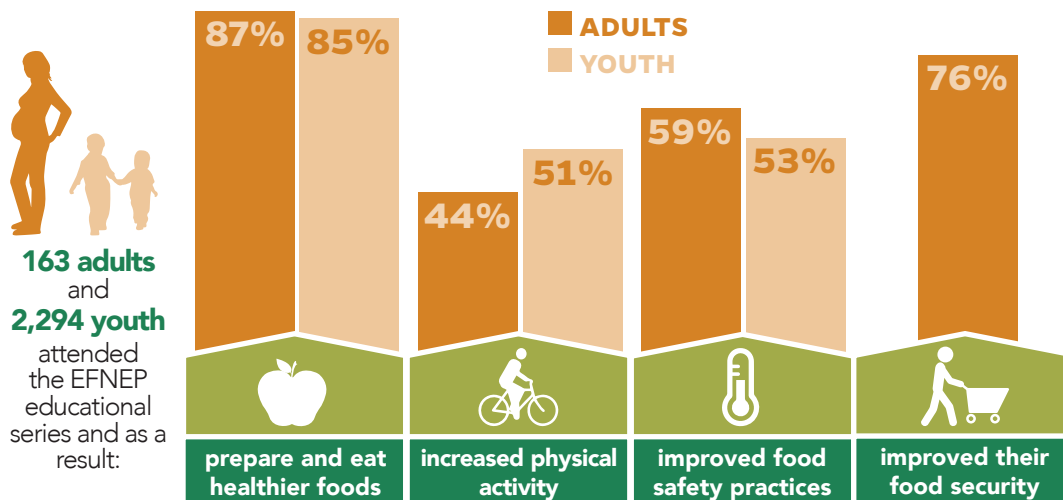
UF/IFAS Extension Expanded Food and Nutrition Education Program (EFNEP) Escambia County in 2016

Our County by the Numbers



The Impact of EFNEP in our County

FOOD-RELATED BEHAVIOR CHANGES



FINANCIAL SAVINGS



Success Stories

Adult Success Story

A grandparent raising her grandson shared how much better she felt and how happy her family has been since participating in EFNEP. She now reads the nutrition facts labels and pays close attention to the servings she and her family eat from each of the five food groups. She has lost almost 20 pounds and has a lot more energy. She says EFNEP has helped her have more "feel good" days.

Youth Success Story

EFNEP students are making healthier choices and prompting their parents to buy healthier snack foods – low-fat string cheese, whole grain bagels, and mandarin oranges! Parents are listening and providing their children with healthier snacks.

Key Partners

- Escambia County School District
- Escambia County Neighborhood & Human Services Department
- Boys & Girls Club
- DCF Access
- Pathways for Change
- Healthy Start Coalition
- Head Start
- Live Well Partnership for a Healthy Community

Since 1969, EFNEP has been serving Florida families. To contact us:

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Sources:
Radhika, R. et al. 2002. "Cost-Benefit Analysis Indicates the Positive Economic Benefits of the Expanded Food and Nutrition Education Program Related to Chronic Disease Prevention." Journal of Nutrition Education and Behavior 32(2): 6-37.
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