

2018 EFNEP IN ESCAMBIA COUNTY BY THE NUMBERS

203 adults and 2,236 youth graduated from the EFNEP educational series

FOOD CHOICES
 Statewide Problem

82% eat fewer than five fruits and vegetables per day²

96% Adults **86%** Youth

IMPROVED FOOD CHOICES

FOOD SECURITY
 Statewide Problem

14% are food insecure¹

56% Adults **IMPROVED THEIR FOOD SECURITY**

\$468 = AVERAGE COST SAVINGS PER YEAR

FOOD RESOURCE MANAGEMENT
 Statewide Problem

49% reported cooking five dinners a week at home⁴

87% Adults **47%** Youth

IMPROVED FOOD RESOURCE MANAGEMENT PRACTICES

FOOD SAFETY
 Statewide Problem

17% get sick from foodborne illnesses³

89% Adults **52%** Youth

IMPROVED FOOD SAFETY PRACTICES

PHYSICAL ACTIVITY
 Statewide Problem

65% do not meet physical activity recommendations²

81% Adults **58%** Youth

IMPROVED THEIR PHYSICAL ACTIVITY LEVELS

1. https://www.feedingamerica.org/sites/default/files/research/map-the-meal-gap/2016/overall/FL_AllCounties_CDs_MMG_2016.pdf
 2. <http://www.floridacharts.com>
 3. <https://www.cdc.gov/foodborneburden/2011-foodborne-estimates.html>
 4. <http://ldihealtheconomist.com/media/prevalence-and-patterns-of-cooking-dinner-at-home.pdf>