



## My Junior 4-H Project Report (Ages 8–10)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

County: \_\_\_\_\_ Age (as of 9/1): \_\_\_\_\_ Years in 4-H: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Club/Group: \_\_\_\_\_

Project: \_\_\_\_\_ Years in this 4-H project: \_\_\_\_\_

### Approval of this report:

I personally prepared this report, and it is a true record of my 4-H project.

4-H Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

4-H Leader Name: \_\_\_\_\_

Signature of 4-H Leader: \_\_\_\_\_ Date: \_\_\_\_\_

### Instructions

Youth will complete a separate Project Report form, including all attachments, for every project that they submit for recognition.

- Start working on section #1 at the beginning of the year when you begin your new project. A full listing of life skills can be found at <https://edis.ifas.ufl.edu/publication/4H242>.
- Sections #2 and #3 should be completed as you work on your project throughout the year.
- Put together all the attachments listed in section #3 of this form (project report, project pictures, project story, and project records) into a folder.
- Submit this project report with all the attachments listed in section #3 of this form to your County 4-H Agent for judging.

Written by the Florida 4-H Awards and Recognition Task Force, Geralyn Sachs, 4-H regional specialized agent, and Laura Cash, 4-H Extension agent, UF/IFAS Extension Volusia County, chairs; UF/IFAS Extension 4-H Youth Development Program, Gainesville, FL 32611.

An Equal Opportunity Institution. 4-H is the nation's largest youth development organization. Over 230,000 members in the State of Florida help to make up the community of more than 6.5 million young people across America. 4-H is a non-formal, practical educational program for youth. Florida 4-H is the youth development program of Florida Cooperative Extension, a part of the University of Florida/IFAS.

## Section 1: Project Plans and Goals

This is what I want to learn this year (choose one life skill goal and one project goal that are obtainable and relevant):

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Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This is what my leader agreed to help me do:

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Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This is what my parent(s)/guardian(s) agreed to help me do:

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Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Section 2: Project Activities (you may add pages)

Date(s)	Activities I did related to my project this year	Time Spent

**My citizenship and community service activities this 4-H year:**

Date(s)	Description of Activity	Your Role

**My leadership activities this 4-H year:**

Date(s)	Description of Activity	Your Role

**My presentations and exhibits this 4-H year:**

Date(s)	Description of Presentations and/or Exhibits (include the location, event, audience, title, and award(s) received)

## Section 3: Project Attachments

### Project Pictures

Attach at least four photos (or you may provide drawings) of your project work throughout the year showing you and your project at the beginning and when completed. Your pictures should show various aspects of your project. Additional photos of your 4-H year may also be included to highlight experiences such as camp, community service, or other activities in which you participated.

Photographs should be 3"×5" or 4"×6". Make sure that your photographs are attached neatly and securely. In the space below the picture write a caption. Each caption should include:

- Date
- Description of activity or event
- Skill learned



**Photo Caption:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**Photo Caption:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**Photo Caption:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**Photo Caption:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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## Project Story

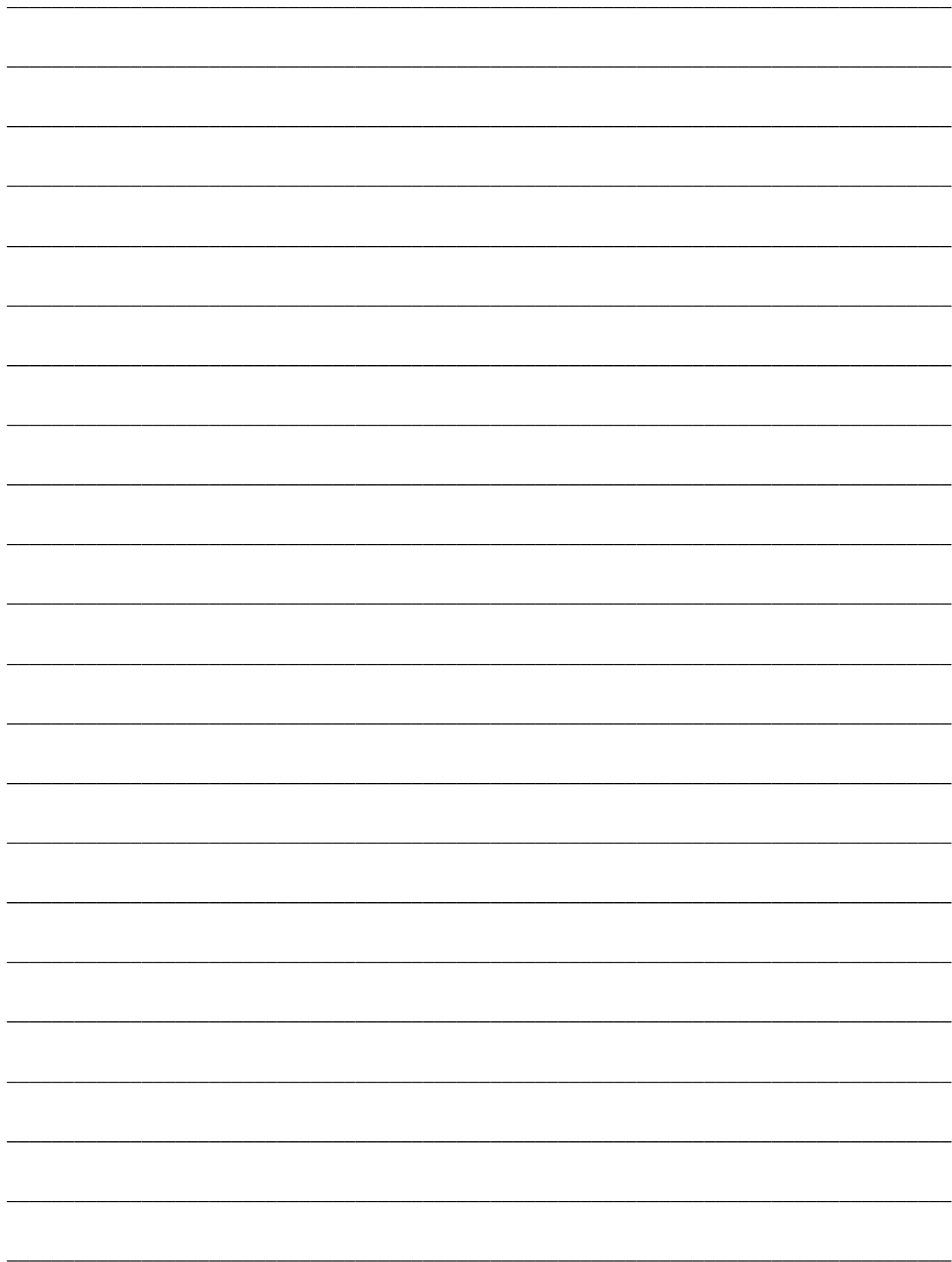
Create a story of your project experiences. In your story, answer the following questions:

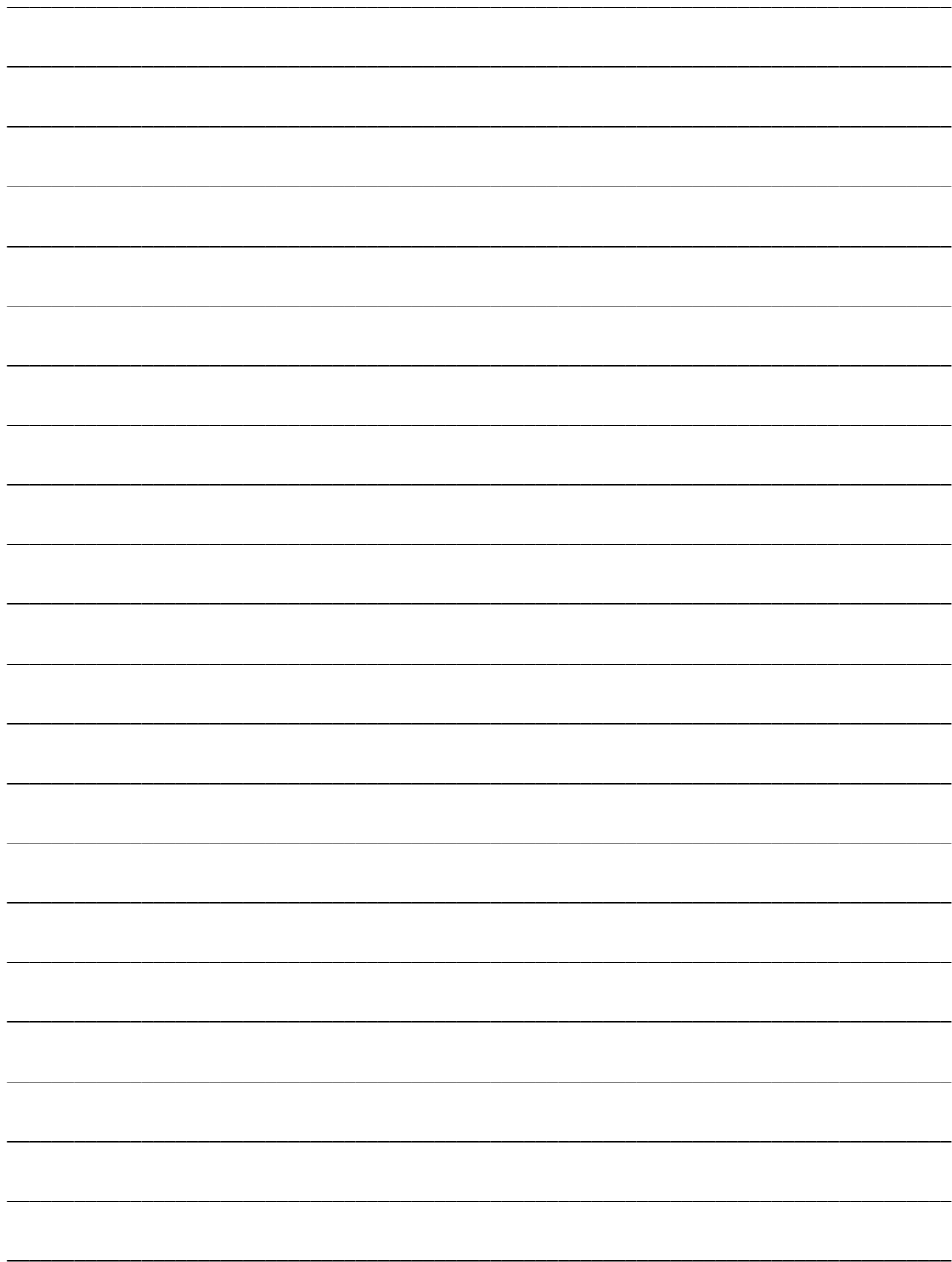
1. What new thing(s) did you learn about your project?
2. What problems did you have and how did you overcome them?
3. What were your accomplishments?
4. How did your leader and other adults help you?
5. What plans or goals do you have for next year?
6. Write about any skills you learned that you can use in other areas of your life (life skills).

On a separate page, neatly write or type (in 12-point, double-spaced font) your project story.

## Project Records

Attach your project or record book, worksheets, and any other educational materials completed during the learning experience as evidence of your project work.





# Indian River County 4-H Life Skills Checklist

Check each of the following skills that you have learned or that you have improved on during  
The 4-H year. Don't forget to reference these skills in your project story!

✓	HEAD
	Learning to Learn
	Decision Making
	Problem Solving
	Critical Thinking
	Service Learning
	Goal Setting
	Planning/Organizing
	Wise Use of Resources
	Keeping Records
	Resiliency

✓	HANDS
	Community Service
	Leadership
	Responsible Citizenship
	Contributions to Group Effort
	Marketable Skills
	Teamwork
	Self-Motivation

✓	HEART
	Communication
	Cooperation
	Social Skills
	Conflict Resolution
	Accepting Differences
	Concern for Others
	Empathy
	Sharing
	Nurturing Relationships

✓	HEALTH
	Self-Esteem
	Self-Responsibility
	Character
	Managing Feelings
	Self-Discipline
	Healthy Lifestyle Choices
	Stress Management
	Disease Prevention
	Personal Safety



# My Junior 4-H Project Report Score Sheet (Ages 8–10)

Name: \_\_\_\_\_

Club: \_\_\_\_\_ Project Area(s): \_\_\_\_\_

Points Earned	Possible Points	Criteria	Remarks
<b>Section 1: Project Plans and Goals (5 points possible)</b>			
	5	<b>This is what I want to learn this year:</b> <ul style="list-style-type: none"> <li>Member shows the ability to set obtainable and relevant project and life skill goals.</li> <li>Junior age should list one project and one life skill goal each.</li> <li>Member has enlisted support of an adult in his/her project work.</li> </ul>	
<b>Section 2: Project Highlights (20 points possible)</b>			
	5	<b>Project Activities</b> <ul style="list-style-type: none"> <li>Activities demonstrate progress toward goals.</li> <li>Activities are related to project work.</li> </ul>	
	5	<b>Citizenship</b> <ul style="list-style-type: none"> <li>Member participated in citizenship and community service activities.</li> </ul>	
	5	<b>Leadership</b> <ul style="list-style-type: none"> <li>Member shows involvement with various leadership roles.</li> </ul>	
	5	<b>Presentations and Exhibits</b> <ul style="list-style-type: none"> <li>Member shared his/her project work through a presentation or exhibit.</li> </ul>	
<b>Section 3: Project Attachments (70 points possible)</b>			
	30	<b>Project Records</b> <ul style="list-style-type: none"> <li>Member included a completed project/record book, activity sheets, and/or other educational materials completed during the learning experience.</li> </ul>	
	15	<b>Project Pictures</b> <ul style="list-style-type: none"> <li>Pictures show member actively engaged in learning experiences related to the project.</li> <li>Pictures have appropriate captions.</li> </ul>	
	25	<b>Project Story</b> <ul style="list-style-type: none"> <li>Story portrays experiences with project work.</li> <li>Member reflects on what was learned from the project experience and makes plans for future projects.</li> <li>Member talks about problems and accomplishments.</li> </ul>	
<b>Neatness, Completeness, and Evidence of Work (5 points possible)</b>			
	5	<ul style="list-style-type: none"> <li>Report and attachments show evidence of effort and are neat and complete.</li> </ul>	
	100	<b>Total Score</b>	

Evaluator: \_\_\_\_\_