



EXTENSION NEWS!

April 2022

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Greetings Extension Family,

There's nothing like warm, spring day to make the soul appreciate creation. As mother nature provides the plants and the animal's strength to grow, let us try to grow strong mentally and physically as individuals.

A good attitude is a start, but practice and dedication lead to success.

It is time to sign up for 4-H Summer Camps; details inside.

Check out all of our extension programs; if you have any questions, please call us at 850-342-0187

Enjoy,

John Lilly
Jefferson County Extension Director/4-H Agent

4-H Youth News

4-H County Events

County Events will be on Saturday, April 9, at the Jefferson County Extension Office. The program will begin promptly at 9:00 a.m.

Time allowance for County Events categories:

- Demonstrations/Illustrated Talks: Juniors: 3-12 minutes, Intermediates 3-12 minutes, Seniors: 5-12 minutes
- Public Speaking: Juniors: 3-7 minutes Intermediates: 3-7 minutes Seniors: 5-7 minutes

Age Division

- Cloverbuds (5-7 years of age)
- Juniors (8-10 years of age)
- Intermediates (11-13 years of age)
- Senior (14-18 years of age)



All County Events winners will receive a ribbon on the day of the event and a trophy at the annual awards program. County Events winners will also advance to compete at District Showcase on April 23 at the Wakulla County Extension Office.

First place senior 4-H'ers are eligible to attend 4-H University. 4-H University will be held on the campus of the University of Florida, July 25, 2022 through July 28, 2022.

Working Soldiers

The Jefferson County 4-H Working Soldiers Club will assist with hosting the **Ability First Banquet Fundraiser** to be held at the A&K Barn on April 30, 2022 at 7pm. Location, 137 W. Glenn Rd. Monticello, Fl. 3234.

The purpose of the Ability First is to build ramps and steps for the elderly disabled in our community. Ability 1st need more funding. However, if you would like to donate, **please contact Dr. Dawanda Skipworth at 850-508-1775 or Dr. Ann Reddick at 850-508-7648.** Please make all checks

payable to Ability 1st.



Life, Liberty, & Livestock Club At the West Florida Livestock Show Ag Judging Competition



CONGRATULATIONS!

The Jefferson County 4-H Junior Ag Judging Team 1 took home 2nd place and Team 2 took home 5th place at the West Florida Livestock Show on March 4th!

Adolai Scott took home 3rd place and Dominic Graff took home 1st place for Junior Individual Ag Judging!!!

Great job to everyone who competed in the West Florida Livestock Show in Quincy FL!



4-H Youth News

After School Club

Every two weeks, 4-H visits Somerset Academy and provides hands-on afterschool programs for grades 2-8.

These programs provide youth with a chance to participate in fun learning opportunities which includes:

- STEM
- Agriculture
- Nature
- Outdoor wilderness oriented topics



This is an ongoing venture which will last the entire school year and will involve many topics.

Keep posted for more 4-H programs coming your way!

Saturday Outdoor Programs

Jefferson County Extension office is proud to introduce Outdoor Saturdays!

Come join 4-H extension staff in our Outdoor Saturdays. These are fun, hands-on programs for youth on outdoor and wilderness topics about the area in which we live. We will have fun and games while learning all about the outdoor world. Topics will range from fun STEM projects to learning some wilderness skills, such as, navigating the woods, cooking outdoors, and how to respect what is around you. Adults are more than welcome to attend these events. Come enjoy the fun!

Register by emailing the program assistant at bryan.danford@ufl.edu. Walk ins are also welcome but please try to register.

4-H University

4-H University is all about having fun, making new friends, and learning! Florida 4-H University is a four-day and three-night event for young adults held at the University of Florida from July 25, 2022, through July 28, 2022.

This event is open to teenagers between 14-18 years of age. Attendees can participate in educational workshops led by University of Florida faculty, explore career opportunities, lead community service activities, interact with youth from all over the state.

4-H University is FREE to teens that participate in County Events by completing a Demonstration/Illustrated Talk or General Public Speaking. For non-county event teens, the fee is (half of the original price).

The deadline to register for 4-H University is May 1 thru June 17, 2022.

For more information, please go to <http://4huniversity.com/>

Please contact Mr. John Lilly if you have any questions.



2022 Summer Camps

4-H CAMP TIMPOOCHEE '22

Outdoor Skills

June 6-10, 2022
Cost: \$425



Join us as we kick off summer with a week spent in the wild. We'll explore the ins and outs of outdoor survival! Expect to gain skills in compass navigation, shelter and fire building, wildlife identification, and so much more. This week is the perfect opportunity for all young adventurers to gain confidence in the outdoors!

Join us for a full week of overnight adventures, challenges, friendships, and more! Please read below to see which week or weeks you'd like to attend!

QUESTIONS? Contact us at timpoochee4h@ifas.ufl.edu or (850)897-2224

AGES 8-12,
AS OF SEPT. 1, 2021

With the exception of
Just for Teens Camp

Wonder Emporium Camp

June 13-17, 2022
Cost \$425

As campers journey through this imagination filled week, they will connect the magic of the world with the real-life science that's behind it all. From chemistry and physics to wildlife ecology and robotics, we will be sure to dabble into your favorite topics. Expect to perform experiments, create art, and collect

specimens from the world around us!



Creative Arts Camp

June 20-24, 2022
Cost: \$425

You won't want to miss out on this week dedicated to the artist in all of us. Youth will grow their skills in drama, painting, dancing, and so much more! All our classic camp crafts, activities, and fun will collide as we focus on the value of artistry and hobbies in everyday life.



The Wild Outdoors

July 11-15, 2022
Cost: \$425



Campers will explore the outdoors through the lens of summer camp! From plant and animal identification to stories around the campfire, wild outdoors camp will immerse youth in the beauty of Camp Timpoochee. We will go on nature walks and delve into the different ecosystems found on camp.



Just for Teens Camp

June 27 - July 1, 2022
Ages 13-16 as of
Sept. 1, 2021
Cost: \$475

A week of adventurous programs designed just for teens! Campers will experience their favorite parts of camp, plus adventures off-site on field trips to highlight the wonders of the emerald coast. Whether you're interested in building your leadership skills or creating memories that will last a lifetime, this is the week for you!

Junior Marine Science Camp I

July 18-22, 2022
Cost: \$425

Calling all ocean lovers! Join us as campers become oceanographers and dive into the wonders of our Florida seas, gulfs, and bays. This week we will take a special focus on our ecosystems that make Florida so unique. Expect to explore our very own Choctawhatchee Bay, practice different types of netting, and learn to identify fish and aquatic plants.

Junior Marine Science Camp II

July 25-29, 2022
Cost: \$425

Expect all your favorite marine camp traditions from netting in the bay, scientific dissections with local experts, to caring for creatures in our marine laboratory. Campers can expect a week full of ocean exploration with a focus on why we should learn about the oceans and how they make our world on land go round!



REGISTRATION OPENS FEB. 1, 2022

Early Bird Discount! Register by March 15th for \$25 off per week!
Visit <https://florida4h.ifas.ufl.edu/camps/> to learn more about camp and to register. Scholarships are available through this website as well, so please apply!

An Equal Opportunity Institution.



Jefferson County Summer Camps 2022

To register for camp, please come by the:

Jefferson County Extension Office at 2729 W Washington Hwy or call us at 850-342-0187



Day Camp Fees will be paid at registration.

Fees and deposits are non-refundable.

Must be of age requirement on September 1, 2022 for all camps.

Cloverbud Day Camp

Ages: 5-7 yrs old (10 spots available)
When: July 6th - 8th, 8am - 12 pm
Where: UF/IFAS Jefferson County Extension Office
Cost: \$20 (Deadline to register June 24th)

Activities Include:

- Crafts
- Outdoor Cooking
- Organized Recreation



Wildlife Day Camp

** In collaboration with Leon County Extension



Ages: 10-15 yrs old (30 spots available)
When: June 27th - July 1st, 8am - 5pm
Where: UF/IFAS Jefferson County Extension Office
Cost: \$ 35 (Deadline to register June 17th)

Activities Include:

- Forestry
- Wildlife
- Conservation

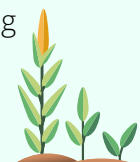


Field -to- Fork Day Camp

Ages: 11- 14 yrs old (15 spots available)
When: June 6th -10th, 8am - 4pm
Where: UF/IFAS Jefferson County Extension Office
Cost: \$ 30 (Deadline to register May 27th)

Activities Include:

- Farm Tour & Processing
- Facility Tour
- Hands-on Gardening, Cooking, Grilling
- Grilling Contest





'Orangedog' Caterpillar Today, Giant Swallowtail Tomorrow

Danielle Sprague, UF/IFAS Jefferson County

The giant swallowtail, *Papilio cresphontes* is one of the largest, and in my opinion, most beautiful butterflies found in our area. I've seen several flying through the county already this spring. The larval or caterpillar stage of the giant swallowtail is known as the 'orangedog' caterpillar. The namesake comes from it feeding on the young foliage of citrus trees. While orangedog caterpillars are considered a pest of commercial citrus, they can be tolerated on trees in the landscape in order to enjoy the beautiful giant swallowtail butterfly!

The larvae of the giant swallowtail are mostly brown with white markings, resembling bird droppings. I have heard some people even refer to them as 'bird poop caterpillars'. This is one of their defense mechanisms to prevent birds from eating them. Another pretty cool defense mechanism they have is when they are disturbed, they have two orange 'horns' that extend from its head that give off a pungent odor in an attempt to scare off predators. The two horns are in a Y-shape and resemble the forked tongue of a snake.



In some cases, particularly with young citrus trees, the caterpillars can cause widespread defoliation. If this is the case and you cannot tolerate their feeding damage, you can simply remove the caterpillars from the tree. Instead of squishing or killing them, try relocating them to a different plant such as fennel. This way, the caterpillars will have a food source and will hopefully molt to become a beautiful giant swallowtail butterfly for you to enjoy.



The giant swallowtail adult butterflies feed on nectar from azalea, bougainvillea, Japanese honeysuckle, goldenrod, dame's rocket, bouncing Bet, and swamp milkweed. Interestingly enough, they can also feed on the liquids from manure. In addition to citrus, host plants for the larvae include native members of the citrus family (Rutaceae), including plants such as northern pricklyash, Hercules-club, lime pricklyash, hoptree, sea torchwood, and Mexican orange.

Family & Consumer Sciences News

ATV Safety

Did you know that ATV injuries went up 50% from 1982 to 2017? ATVs seem to increase in popularity here in the United States and worldwide.

The products are great if appropriately used when operating the ATV. Almost 75% of the accidents result in brain and spinal cord injuries.

Many parents ask the common question, "How to make ATV riding safe for everyone?" The main goal for ATV riding is for people to have their best possible riding experience, but safely for each rider.

**ATV INJURIES WENT UP
50% FROM 1982-2017**



Main Goals for ATV Safety

- First, make sure there is an operator's guide with the product during the purchase of the item.
- Second, the rider needs to do a pre-ride inspection
- Third, the rider needs to wear protective gear on an open-air vehicle
- Fourth, the rider should understand the rules for riding with passengers
- Fifth, the rider should understand the stability of the ATV.
- Sixth, turning the ATV too fast or sharp is the leading cause of accidents
- Seventh, braking the ATV is very important to the rider.
- More components to learn about ATV Safety include reversing, carrying cargo, and understanding the terrain. For more information about ATV Safety and product inquiry, contact your local ATV store.

Reference: ATV Safety, ufl.edu, OHV Safety, fdacs.gov

Brain Bus

Monday, April 4, 2022

Jefferson Senior Citizens Center- 1155 N
Jefferson St, Monticello, FL 32344

10 a.m.- 12 p.m. | Visit the Brain Bus
Learn About

- 10 Warning Signs of Alzheimer's
- 10 Ways to Love Your Brain
- Steps to an Accurate Diagnosis
- Advancements in Research



For support, visit alz.org or call our 24/7 Helpline 800.272.3900.

Living Well Wednesdays

11:00 am ET

Join us by registering [HERE!](#)

April 20 - Covid 19/Immunizations

May 18 - Summer Stress

FAMU Extension News

How can you get involved with FAMU 4-H?

NATIONAL 4-H STEM CHALLENGE— GALACTIC QUEST

Kids learn foundational STEM skills while they wrestle with the same questions as today's top aerospace scientists and engineers!

Activities can be done all at once or individually, making it great for classrooms, afterschool programs, clubs, parents, and more.



FAMU Tech Changemakers

We Want YOU!

Tech Changemakers is a program designed to pair teenagers (who are very tech literate) with older persons in the community to teach them valuable tech skills to make them more employable and confident in the ever-growing/changing workplace.

FAMU Tech Changemakers is recruiting motivated teenagers who are interested in helping close the gap of the digital divide.



2022 In -Person 4-H National Summits in Washington D.C

PLEASE SEE BELOW FOR THE DIFFERENT SUMMITS BEING OFFERED THIS UPCOMING YEAR AND THE DATES.

- **Citizenship Washington Focus**
 - June 5th—July 16th
(week long programs)
- **Leadership Washington Focus**
 - July 18th—July 22nd
- **STEM Summit**
 - September 15th—18th

Agri-STEM

Agri-STEM is a program that teaches students about multiple areas of agriculture that uses science, technology, engineering, and mathematics in their everyday practices.

The Areas of Agriculture Include:

- Natural Resources
- Veterinary Technology/ Animal Science
- Biological & Agricultural Systems Engineering
- Food Science
- Entomology

April

Mon	Tues	Wed	Thurs	Fri	Sat / Sun
				1	2 Outdoor Program 3
4 Brain Bus - Senior Center	5	6 4-H Speech Help	7 Life, Liberty, & Livestock Club Meeting	8	9 County Events 10
11 Teen Council Meeting	12	13 4th Grade School Club	14 3rd Grade School Club	15 5th Grade School Club	16 17
18	19	20 Living Well Wednesdays Leap Virtual Meeting	21	22	23 District Showcase 24
25	26	27	28	29	30 Outdoor Program Working Soldiers Fundraiser

Upcoming May Events

Brain Bus at Senior Center - 4th
 Life, Liberty, & Livestock Club meeting - 7th
 4th Grade School Club - 13th
 4-H Demonstration/Speech Help - 6th
 County Events - 9th
 3rd Grade School Club - 14th
 Teen Council Meeting- 11th
 5th Grade School Club- 15th
 Outdoor Saturday Program - 2nd & 30th
 Leap Virtual Program - 20th
 Living Well Wednesdays - 20th
 District Showcase - 23rd
 Working Soldiers Fundraiser- 30th

Field Ecology Day - 4th
 STEM Night - 10th
 School 4-H Clubs Awards and Celebration - 12th
 Living Well Wednesdays - 18th
 Outdoor Saturday Program - 14th
 Deadline to register for Field to Fork camp- 27th

Meet the Staff!



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