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EXTENSION NEWS!

October 2021



Greetings Reader,

Fall is here! As we are looking forward to cooler temperatures, we look forward to serving you! Public health recommendations may limit some in-person contact, but we are available through online venues, email, and internet-based teleconferencing. And, of course, we are always available to answer questions and make recommendations over the phone.

We had quite the visit last month when the President of the University of Florida, Dr. Kent Fuchs dropped by our office (pictured above)! We were able to show him some of the things we are doing here at the Jefferson County Extension Office!

To the 4-H families, please make sure you re-enroll into 4-H. Our goal is to surpass our previous overall 4-H enrollment for 2021-2022. To enroll, go to <https://v2.4honline.com/#/user/sign-in> and follow the instructions.

To find COVID-19 resources related to agriculture, families, and communities, visit <https://edis.ifas.ufl.edu/entity/topic/covid19>.

The Jefferson County Extension staff is available and ready to assist you in your time of need.

Enjoy,

John Lilly
Jefferson County Extension Director/4-H Agent

4-H Youth News

The Florida 4-H State Grilling Contest

London White participated in the Florida 4-H State Tailgating Contest this past weekend in Gainesville. She did a phenomenal job competing in her first state contest. She is looking forward to next year. Kudos to her dad, Quinton, for his coaching and support.



Congratulations Samantha Hall!

Samantha placed 2nd in the small animal and companion category at 4-H State University. The title of her illustrated talk is "Hamsterific." GREAT JOB!



The Chick Chain Project!

The 4-H chick chain project teaches you how to raise and care for chickens using RESEARCH- based methods and PRACTICES. PARTICIPANTS will attend educational workshops, and show their birds at a final show. With the recent COVID-19 pandemic placing a new emphasis on fresh from the farm food products, the 4-h chick chain PROJECT is a great way to raise chickens or start a new project.

Project Timeline:
August 23rd, 2021 - March 12th, 2022

2021-2022 Breeds

- Cochins
- Delaware
- Leghorn
- Orpington (any variety)
- Plymouth Rock
- Rhode Island
- Sussex
- Novelty/ All other Breeds



The 4-H Embryology Program

This program will teach the participants about the life cycle of the chicken! Starting with the incubation of the egg, then the hatching process, and continue to the proper care for adult chickens.

The egg and poultry industry are very important parts of our agriculture and economic systems. The students will also have a better understanding of those systems.

Objectives of the program:

- Identify parts of the egg and their functions
- Make and record observations
- Observe and learn the stages of the embryonic development
- Provide proper post - hatch care to the chicks
- Develop a greater appreciation for animal life
- Learn about other opportunities available in 4-H



4-H Youth News

4-H Ag Judging Prep Course

This course will focus on preparing our 4-H youth for the North Florida Fair Ag Judging Contest on November 13th 2021. Starting the first week of October, continuing for 6 weeks until the second week of November, and right before the Ag Judging Contest. We will meet twice a week: Monday and Thursday 4pm-5pm.

*Dates and times are subject to change based on the participants enrolled in the class. We can also accommodate meetings as needed if the youth need more review time before the contest.

Keep in mind that the in-person class could also change to virtual via Zoom, due to COVID- 19 guidelines and regulations. Per UF/IFAS guidelines: When indoors, all participants must wear a face mask. However, if the class takes place outdoors masks are optional.

Week 1: Introduction to Ag Judging – What is Ag Judging?

Week 2: Market Beef (Steers) and Breeding Beef (Heifers)

Week 3: Poultry

Week 4: Legume Hay and Grass Hay

Week 5: Oat, Soybean, and Corn

Week 6: Review



For more information about the rules and regulations visit :

<https://northfloridafair.com/4-h-club-day-department-240/>.

For more information about this course please feel free to contact:

Emily Nolen at enolen@ufl.edu or emily.nolen@famu.edu

The Jefferson County 4-H Teen Council

The Jefferson 4-H County Teen Council is a club comprised of teens between the ages of 12-18. These teens work collaboratively with the Jefferson County 4-H Agent in planning and implementing 4-H Events in the county. The organization stresses youth leadership training, development, and community service-learning projects.

The Teens Council also plans and implements countywide 4-H programs year-round. Therefore, council members must be willing to commit time and assume responsibility for formulating, directing, and facilitating events.

The Council will meet at the Jefferson County Extension Office on the following dates below at 4:00 P.M.

Congratulations to the newly elected 2021-22 County Council Teen Officers!

- President - Johnathan Youngblood
- Vice- President- Reid Brookins
- Secretary - Anaisia Johnson
- Assistant Secretary -Alaythia Reed
- Treasurer- Marta Cato
- Sgt-At-Arms- Jason Mosley
- District Council Delegate (1) - Sha'Quaysia Mosley
- District Council Delegate (2) - Aleigha Flowers

Meeting Dates 2021:

- Sept. 20
- Oct.18
- Nov. 15
- Dec. 13

Meeting Dates 2022:

- Jan. 17
- Feb. 4
- March 4
- April 18
- May 16

Note: The face-face meeting is subject to change to virtual due to Covid-19.

For more information, please contact [John Lilly](#).



Theme: Find Your Spark

Hashtags: #FindYourSpark #National4HWeek

• Sunday - Kickoff!

- Use this day to promote youth, volunteers, alumni, staff, ANYONE who found their spark through 4-H!

• Monday - Camp Monday Memories

- Share an old camp memory of yourself and/or 4-H member (s). This can be accompanied with a photo, video, or a blurb about your favorite camp moment.
- Be sure to use the hashtag #4HMondayMemories so we can share on **the 4-H Youth Development Program Facebook page**.

• Tuesday - #FL4HCloverTalks with the 2021-2022 State Council Officers

- Be sure to share and tune in at 7pm EST/6pm CST as our State Officers share how 4-H has helped them find their spark.

• Wednesday - Spirit Day Competition

- On Wednesday we wear 4-H GREEN!
- Be sure to wear your 4-H green and share it with the world on all social media platforms by using the hashtags: #FL4HSpiritDay, #Wear4HGreen & #National4HWeek
 - Each post will be entered to a drawing for one lucky winner to win 4-H swag!

• Thursday - TBT Trivia Night!

- Are you a 4-H trivia whiz? Then don't forget to tune in for our 4-H Trivia Night!
 - The person with the most correct answers will win a prize!
- Be sure to share and tune in at 7pm EST/6pm CST as our State Officers share how 4-H has helped them find their spark.

• Friday/Saturday - Please use these two days to push the new 4-H Tag voucher as well as the yearly IFAS Peanut Butter Challenge.

For more information about Jefferson County 4-H please contact:
John Lilly at jgl@ufl.edu.



4-H Day at the North Florida Fair

4-H Day at the North Florida Fair is Saturday, November 13. Jefferson County 4-H will transport 4-H Youth and adult volunteers on the bus to the Fair. The bus will leave the **UF/IFAS Jefferson County Extension Office** promptly at **10:30 A.M.** and return around **5:00 P.M.**

Parents /guardians are responsible for dropping off and picking up their child. The cost is \$1.00. A dollar will be refunded to the child if they return to the bus on time for departure.

An unlimited ride wristband can be purchased for **\$15.00** from the 4-H Office. Wristbands are valid on 4-H Day only. Please provide your child with money for food.



The deadline to purchase wristbands is November 1, 2021.

Note: Depending on the Covid-19 positivity rate, transportation may be canceled.

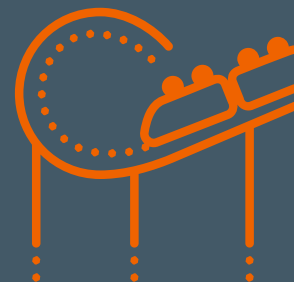


The 4-H North Florida Fair STEM Challenge

The 4-H STEM Challenge at the North Florida Fair is on November 13th. The 2021 theme is Civil Engineering (Roller Coasters). 4-Hers will apply physics concepts to build a roller coaster that meets the challenge criteria for height, turns, and speed.

Important information is below:

- The study guide (along with links to the rules and registration form) is online this year - <https://sites.google.com/ufl.edu/4-hrollercoasterstemchallenge/home>.
- Jefferson County can send up to four teams per county (no individuals) but must register by October 18.
- All tools and supplies will be provided for each team.
- Teams will be asked to demonstrate their roller coaster in front of the judges and then give reasons.
- Reasons should include the following information:
 - Which materials did you incorporate into your design and why?
 - What type of modifications did you make and why?
 - How did your team work together to design and build the roller coaster?
 - What is your prediction for how well your roller coaster will perform and why?
- Adults will not be able to assist members with the design or building of their roller coaster.
- A scoring rubric will be given to contestants when the challenge is released.
- For additional information, go to <https://northfloridafair.com/4-h-club-day-department-240/>



At the time, the fair will take place as planned, but should anything, change; we will be sure to update you! This event is a 4-H event; participants, parents, and volunteers will need to be prepared to follow any UF COVID protocols on the day of the event.

If you have an questions, please contact Heather Kent at hckent@ufl.edu or John Lilly.



4-H Clubs Booth at the North Florida Fair

One Jefferson County 4-H Club can display their club work at the North Florida Fair. A club booth will be assigned on a first-come, first-served basis. The deadline to submit your request to the 4-H Agent is Monday, September 20th. See additional information below.

Booth Guidelines:

- Must fit in an 8' deep x 10' wide space and be completely free-standing.
- No objects or exhibits may be pinned, hooked, or tied to the building, curtains, or curtain rods (failure to comply will result in premium forfeiture).
- Must display county name and location of the UF/IFAS Extension Office in large, easy-to-see signage.
- Include "How to Join 4-H" information.
- Highlight life skills learned and knowledge gained from 4-H participation (may be specific to the club).
- Be neat and attractive - thought and effort should go into the decor of the booth.
- By order of the fire marshal, hay and straw are not permitted.

Booth Set-Up:

- Saturday, October 30 from 8am-5pm
- Sunday, October 31 from 12pm-7pm
- Monday, November 1 from 8am - 5pm
- Tuesday, November 2 from 8am - 5pm

*All booths must be set up by Wednesday, November 3 by 6pm. The county must furnish all supplies. Do not ask fair office for supplies.

Booth Take-Down:

- Sunday, November 14 from 9pm-11pm
- Monday, November 15 from 9am -3pm
- Tuesday, November 16 from 9am -3pm

If the club misses the set-up or removal deadline, the North Florida Fair will forfeiture the \$150 premium money.

For additional information, go to <https://northfloridafair.com/4-h-club-booths/>

Contact John Lilly if your club is interested in a booth or if you have any questions.



North Florida Fair Exhibits

ENTRY FORM from the North Florida Fair must accompany all entries. This Department is open to only bonafide 4-H members in Florida. Each 4-H members will be limited to **one (1) registration form of exhibits with no more than six (6) exhibits in one class, except for classes 12 and 15, where members are limited to only one (1) entry and class 11, limited to three (3) entries. NO LIVE ANIMAL EXHIBITS WILL BE ACCEPTED IN THIS DEPARTMENT.**

Exhibits should express 4-H learned experience completed within the past year, i.e., 4-H Club Meeting, project, or other 4-H event or activity. (Example of projects: dress, pillow, photograph, collections, canning, etc.)

4-H members wishing to exhibit articles not affiliated with their 4-H experiences; should enter the youth section of the **Home Division (Dept. 510).**

Please [click here](#) for rules and regulations.

Premium Schedule:

- 1.Award of Merit: \$12.00
- 2.Blue Ribbon: \$4.00
- 3.Red Ribbon: \$3.00
- 4.White Ribbon: \$2.00
- 5.Participation: \$0.00



All exhibits **ENTRY FORMS** are due to the Jefferson County Extension Office by **Friday, Oct. 1, 2021. ENTRY FORMS WILL NOT BE ACCEPTED AFTER THAT DATE.**

The deadline to turn in EXHIBITS to the 4-H Office is Tuesday, Oct 19, 2021.

Agriculture & Horticulture News

Let's Get Nutty - The 2021 PB Challenge!

It's fall and peanut harvest is here which means that it's time to spread the cheer (and protein) with the annual UF/IFAS Peanut Butter Challenge! The Extension Office would like to invite you to participate in this year's Peanut Butter Donation Challenge! The challenge will start **Friday, October 1st and end Wednesday, November 24th.**

Every year UF/IFAS Extension Offices across the Panhandle coordinate the Peanut Butter Challenge involving volunteer groups, clubs, organizations, businesses and schools to donate peanut butter to address hunger and food insecurity in our area.

The Florida Peanut Producers Association and the Florida Peanut Federation, made up of area farmers, support the Peanut Butter Challenge by matching local donations.

In 2020, we collected over 2,416 pounds of peanut butter from the community and this year we want to see if we can reach 2,500! Organizations can create their own collection box or the Extension Office can provide a collection box. If your organization would like to request a box, please give us a call at 850-342-0187.

We would also like to encourage the public to participate by dropping peanut butter off at a public drop off location. This year there will be public donation boxes in several locations: UF/IFAS Extension Jefferson County Office, Jefferson County R.J. Bailar Public Library, Capital City Bank, The First Bank, Piggly Wiggly, and Farm Bureau!

We will begin distributing peanut butter to local food banks in Jefferson County after the challenges ends!



Garden Talks: Wildflowers



Join us at the UF/IFAS Jefferson County Extension Office (2729 W. Washington Hwy. Monticello, FL 32344) from **10-11:30 AM on October 8th** for our monthly Garden Talk! This month will cover species of wildflowers for our area and pollinators they attract!

Garden Talk events have a \$5 registration fee and attendees will receive presentation handouts and educational publications!

REGISTER HERE: <https://jeffgardentalk.eventbrite.com>



Produce Safety Alliance Grower Training! Nov. 10, 2021 8AM-5PM

Fruit and vegetable growers and others interested in learning about produce safety, the Food Safety Modernization Act (FSMA) Produce Safety Rule, Good Agricultural Practices (GAPs), and co-management of natural resources and food safety are encouraged to attend. **The PSA Grower Training Course is one way to satisfy the FSMA Produce Safety Rule requirement.**

The course will provide a foundation of Good Agricultural Practices (GAPs) and co-management information, FSMA Produce Safety Rule requirements, and details on how to develop a farm food safety plan. The cost to attend is \$40 and includes training materials, lunch, refreshments, and certificate of attendance issued by AFDO

Please register at:
<https://psa111021.eventbrite.com>

Family & Consumer Sciences News



Halloween Candy Safety Tips



Keep Tricks, Give Treats!

1. Sort and check candy at home.
2. Examine all treats, when in doubt, throw it out!
3. Only accept commercially wrapped candy.
4. Remove any choking hazards such as gum and peanuts.
5. Apportion treats for each day after Halloween.

Tainted Candy Contact

Poison Control Center: 800-222-1222

<https://floridapoisoncontrol.org>

Jefferson County Sheriff Office: 850-997-2523

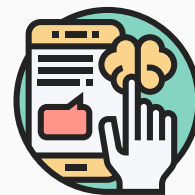
<https://www.jcso-fl.org>

Consumer Choice Judging

Are you interested in learning how to be a smart shopper and be a member of the 4-H Consumer Choices Judging Team at North Florida Fair?

For more information visit <https://northfloridafair.com/4-h-club-day-department-240/> or contact Gretchen Thornton at gthornton1@ufl.edu.

Deadline to enroll is October 18th.



Looking Forward with FCS: Living Well Wednesdays

Coming soon! A zoom-based program discussing the topic of quick and healthy meals. Starting in October and continuing through the month of December.

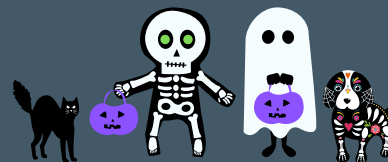
Time: 12:30 pm -1:30pm

Date: November 10th, 17th, and 24th

Safety Through the Seasons!

October 28, 2021 |
3:00pm -4:00pm

Join us on Facebook Live to learn more about Trick or Treat Safety for both your kids and pets!



FAMU Extension News

2021 Fall Looking Forward How can you get involved with FAMU 4-H this fall?

NATIONAL 4-H STEM CHALLENGE— GALACTIC QUEST

Kids learn foundational STEM skills while they wrestle with the same questions as today's top aerospace scientists and engineers!

Activities can be done all at once or individually, making it great for classrooms, afterschool programs, clubs, parents, and more.



FAMU Tech Changemakers

We Want YOU!

Tech Changemakers is a program designed to pair teenagers (who are very tech literate) with older persons in the community to teach them valuable tech skills to make them more employable and confident in the ever-growing/changing workplace.

FAMU Tech Changemakers is recruiting motivated teenagers who are interested in helping close the gap of the digital divide.



2022 In –Person 4-H National Summits in Washington D.C

PLEASE SEE BELOW FOR THE DIFFERENT SUMMITS BEING OFFERED THIS UPCOMING YEAR AND THE DATES.

- **Healthy Living Summit**
 - February 10th–13th
- **Agri-Science Summit**
 - March 10th–13th
- **Citizenship Washington Focus**
 - June 5th–July 16th (week long programs)
- **Leadership Washington Focus**
 - July 18th–July 22nd
- **STEM Summit**
 - September 15th–18th

Agri-STEM

Agri-STEM is a program that teaches students about multiple areas of agriculture that uses science, technology, engineering, and mathematics in their everyday practices.

The Areas of Agriculture Include:

- Natural Resources
- Veterinary Technology/ Animal Science
- Biological & Agricultural Systems Engineering
- Food Science
- Entomology

October

Mon	Tues	Wed	Thurs	Fri	Sat / Sun
				1 North Florida Fair Exhibit Entry Form Due Peanut Butter Challenge Starts	2 3 Kick Off
4 Ag Judging Course Class Camp Monday Memories	5 #FL4-HCloverTalks	6 Spirit Day <i>National 4-H Week</i>	7 Ag Judging Course Class Trivia Night	8 Garden Talks: Wildflowers	9 10
11 Ag Judging Course Class	12	13	14 Ag Judging Course Class	15	16 17
18 Ag Judging Course Class Consumer Choice Judging Registration Deadline 4-H Teen Council Meeting 4-H North Florida Fair STEM Challenge Sign-up Deadline	19	20	21 Ag Judging Course Class	22	23 24
25 Ag Judging Course Class	26	27	28 Ag Judging Course Class Safety Through the Seasons!	29	30 North Florida Fair Booth set up North Florida Fair Booth set up Halloween 31

October Events

North Florida Fair Exhibit Entry Form Due- 1st
 Peanut Butter Challenge Start- 1st
 National 4-H Week - 3rd - 10th
 Ag Judging Course Classes - 4th, 7th, 11th, 14th, 18th, 22nd, 25th, 28th
Garden Talks: Wildflowers - 8th
 4-H Teen Council Meeting- 18th
 Consumer Choice Judging Registration Deadline- 18th
 4-H North Florida Fair STEM Challenge Sign-up Deadline - 18th
 North Florida Fair Booth set- up- 30th
 North Florida Fair Booth set-up - 31st
 Halloween - 31st

Upcoming November Events

Deadline to buy 4-H Wristbands for the North Florida Fair - 1st
 North Florida Fair Booth Set-up - 1st, 2nd
 The North Florida Fair - 5th - 14th
 Living Well Wednesdays - 10th, 17th, 24th
 Produce Safety Alliance Grower Training - 10th
 Ag Judging Course Classes- 1st, 4th, 8th, and 11th
 4-H Day at the North Florida Fair -13th
 Teen Council Meeting - 15th
 4-H STEM Challenge at the North Florida Fair - 13th
 North Florida Fair Booth Take- down - 14th, 15th, 16th
 Safety Through the Seasons - 23rd
 End of Peanut Butter Challenge ends- 24th

Meet the Staff!



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