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Greetings,

Welcome to the Jefferson County Extension Newsletter. Summer is almost over, and Fall is rapidly approaching.

Each month, the Jefferson County Extension Newsletter publishes information about its exciting programs and events, both past and upcoming. See what we are doing and how you can become involved. We have exciting programs in 4-H, Agriculture & Natural Resources & Family, and Consumer Sciences.

We will continue to provide high-quality face-face programming as conditions allow. The University of Florida has issued guidance regarding gatherings based on CDC recommendations of monitoring the local positively rate of the Covid-19 Delta Variant. The increase in transmission within our state and local community will guide where our programs take place. Some events may vary from face-face, indoor/outdoor, or virtual.

If you plan to visit the Jefferson County Extension Office, masks are expected inside all Extension facilities, even if you are vaccinated. Please ask the receptionist if you need a mask.

We welcome your comments or suggestions about the newsletter or Extension programs.

Enjoy,

John Lilly
Jefferson County Extension Director/4-H Agent

4-H Youth News

Congratulations London White!

On July 31st, our very own London White competed in the 4-H District Grilling Contest and won 2nd place!

London brought home a second-place medal and \$250 to Jefferson County. "Respect" is the name of their homemade chicken recipe that they used to cook a quarter piece of chicken thigh with.

London will be moving on to compete at the State Grilling Contest in Gainesville, Florida, on September 25th, 2021. In this next phase of the competition, London will be using the same protein(chicken) and recipe.

From all of us here in UF/IFAS Jefferson County 4-H, we wish London the very best of luck in the next competition!



The 4-H Embryology Program

This program will teach the participants about the life cycle of the chicken! Starting with the incubation of the egg, then the hatching process, and continue to the proper care for adult chickens.

The egg and poultry industry are very important parts of our agriculture and economic systems. The students will also have a better understanding of those systems.

Objectives of the program:

- Identify parts of the egg and their functions
- Make and record observations
- Observe and learn the stages of the embryonic development
- Provide proper post-hatch care to the chicks
- Develop a greater appreciation for animal life
- Learn about other opportunities available in 4-H



The Chick Chain Project!

The 4-h chick chain project teaches you how to raise and care for chickens using RESEARCH- based methods and PRACTICES. PARTICIPANTS will attend educational workshops, and show their birds at a final show. With the recent COVID-19 pandemic placing a new emphasis on fresh from the farm food products, the 4-h chick chain PROJECT is a great way to raise chickens or start a new project.

2021-2022 Breeds

- Cochins
- Delaware
- Leghorn
- Orpington (any variety)
- Plymouth Rock
- Rhode Island
- Sussex
- Novelty/ All other Breeds

Project Timeline:

August 23rd, 2021 - March 12th, 2022



For more information or if you are interested in having these programs in your classroom, please contact John Lilly at jjl@ufl.edu or Emily Nolen at emily.nolen@famu.edu

The Jefferson County 4-H Teen Council

The Jefferson 4-H County Teen Council is a club comprised of teens between the ages of 12-18. These teens work collaboratively with the Jefferson County 4-H Agent in planning and implementing 4-H Events in the county. The organization stresses youth leadership training, development, and community service-learning projects.

The Teens Council also plans and implements countywide 4-H programs year-round. Therefore, council members must be willing to commit time and assume responsibility for formulating, directing, and facilitating events.

The Council will meet at the Jefferson County Extension Office on the following dates below at 4:00 P.M.

Meeting Dates 2021:

- Sept. 20
- Oct. 18
- Nov. 15
- Dec. 13



Meeting Dates 2022:

- Jan. 17
- Feb. 4
- March 4
- April 18
- May 16

Note: The face-face meeting is subject to change to virtual due to Covid-19.

For more information, please contact John Lilly.

Jefferson County Photography Contest

Join 4-H and participate in our countywide photography contest! All the winners will be entered into the North Florida Fair!

Age Categories:

- Cloverbud: 5-7yr. old
- Junior: 8-10yr. old
- Intermediate: 11-13yr. old
- Senior: 14-18yr. old



Contest runs from:
August 18 - September 18
Who: all ages 5-18 yr. old

Photography Categories:

- People - any photo where the main subject(s) is a person or people.
- Flora/Fauna/Nature- Plants or animals. Living things found in nature.
- Other- any other items that are tied to 4-H and our programs.

Any questions please email Bryan Danford at: bryan.danford@ufl.edu.



4-H Day at the North Florida Fair

4-H Day at the North Florida Fair is Saturday, November 13. Jefferson County 4-H will transport 4-H Youth and adult volunteers on the bus to the Fair. The bus will leave the **UF/IFAS Jefferson County Extension Office** promptly at **10:30 A.M.** and return around **5:00 P.M.**

Parents /guardians are responsible for dropping off and picking up their child. The cost is \$1.00. A dollar will be refunded to the child if they return to the bus on time for departure.

An unlimited ride wristband can be purchased for **\$15.00** from the 4-H Office. Wristbands are valid on 4-H Day only. Please provide your child with money for food.



The deadline to purchase wristbands is November 1, 2021.

Note: Depending on the Covid-19 positivity rate, transportation may be canceled.

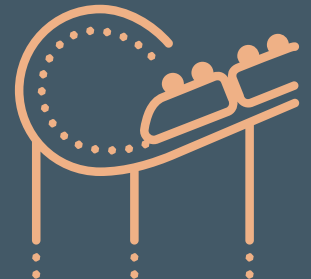


The 4-H North Florida Fair STEM Challenge

The 4-H STEM Challenge at the North Florida Fair is on November 13th. The 2021 theme is Civil Engineering (Roller Coasters). 4-Hers will apply physics concepts to build a roller coaster that meets the challenge criteria for height, turns, and speed.

Important information is below:

- The study guide (along with links to the rules and registration form) is online this year - <https://sites.google.com/ufl.edu/4-hrollercoasterstemchallenge/home>.
- Jefferson County can send up to four teams per county (no individuals) but must register by October 18.
- All tools and supplies will be provided for each team.
- Teams will be asked to demonstrate their roller coaster in front of the judges and then give reasons.
- Reasons should include the following information:
 - Which materials did you incorporate into your design and why?
 - What type of modifications did you make and why?
 - How did your team work together to design and build the roller coaster?
 - What is your prediction for how well your roller coaster will perform and why?
- Adults will not be able to assist members with the design or building of their roller coaster.
- A scoring rubric will be given to contestants when the challenge is released.
- For additional information, go to <https://northfloridafair.com/4-h-club-day-department-240/>



At the time, the fair will take place as planned, but should anything, change; we will be sure to update you! This event is a 4-H event; participants, parents, and volunteers will need to be prepared to follow any UF COVID protocols on the day of the event.

If you have an questions, please contact Heather Kent at hckent@ufl.edu or John Lilly.

4-H Clubs Booth at the North Florida Fair

One Jefferson County 4-H Club can display their club work at the North Florida Fair. A club booth will be assigned on a first-come, first-served basis. The deadline to submit your request to the 4-H Agent is Monday, September 20th. See additional information below.

Booth Guidelines:

- Must fit in an 8' deep x 10' wide space and be completely free-standing.
- No objects or exhibits may be pinned, hooked, or tied to the building, curtains, or curtain rods (failure to comply will result in premium forfeiture).
- Must display county name and location of the UF/IFAS Extension Office in large, easy-to-see signage.
- Include "How to Join 4-H" information.
- Highlight life skills learned and knowledge gained from 4-H participation (may be specific to the club).
- Be neat and attractive - thought and effort should go into the decor of the booth.
- By order of the fire marshal, hay and straw are not permitted.

Booth Set-Up:

- Saturday, October 30 from 8am-5pm
- Sunday, October 31 from 12pm-7pm
- Monday, November 1 from 8am - 5pm
- Tuesday, November 2 from 8am - 5pm

*All booths must be set up by Wednesday, November 3 by 6pm. The county must furnish all supplies. Do not ask fair office for supplies.

Booth Take-Down:

- Sunday, November 14 from 9pm-11pm
- Monday, November 15 from 9am -3pm
- Tuesday, November 16 from 9am -3pm

If the club misses the set-up or removal deadline, the North Florida Fair will forfeiture the \$150 premium money.

For additional information, go to <https://northfloridafair.com/4-h-club-booths/>

Contact John Lilly if your club is interested in a booth or if you have any questions.



North Florida Fair Exhibits

ENTRY FORM from the North Florida Fair must accompany all entries. This Department is open to only bonafide 4-H members in Florida. Each 4-H members will be limited to **one (1) registration form of exhibits with no more than six (6) exhibits in one class, except for classes 12 and 15, where members are limited to only one (1) entry and class 11, limited to three (3) entries. NO LIVE ANIMAL EXHIBITS WILL BE ACCEPTED IN THIS DEPARTMENT.**

Exhibits should express 4-H learned experience completed within the past year, i.e., 4-H Club Meeting, project, or other 4-H event or activity. (Example of projects: dress, pillow, photograph, collections, canning, etc.)

4-H members wishing to exhibit articles not affiliated with their 4-H experiences; should enter the youth section of the **Home Division (Dept. 510)**.

Please [click here](#) for rules and regulations.

Premium Schedule:

1. Award of Merit: \$12.00
2. Blue Ribbon: \$4.00
3. Red Ribbon: \$3.00
4. White Ribbon: \$2.00
5. Participation: \$0.00



All exhibits **ENTRY FORMS** are due to the Jefferson County Extension Office by **Friday, Oct. 1, 2021. ENTRY FORMS WILL NOT BE ACCEPTED AFTER THAT DATE.**

The deadline to turn in EXHIBITS to the 4-H Office is Tuesday, Oct 19, 2021.

Agriculture & Horticulture News

VIRTUAL Spring 2021 Leon/Jefferson County Backyard Gardening Series

Please join us for our VIRTUAL Spring 2021 Backyard Gardening Series!

When: Two evenings: Thursday, September 21 and Thursday, September 28, 2021, 6:00-8:00 PM EST.

This virtual workshop will feature Leon County and Jefferson County Extension Agents Mark Tancig, Molly Jameson, Danielle Sprague, and Trevor Hylton discussing:

- Garden site selection
- Soil and fertilization
- Fall planting and gardening techniques
- Insects and pest management
- Live polls and an interactive Q&A

Where: Zoom (please register below to receive Zoom login information)

[CLICK HERE TO REGISTER](#)

Garden Talks: Growing Citrus

Join us at the UF/IFAS Jefferson County Extension Office (2729 W. Washington Hwy. Monticello, FL 32344) from 10-11:30 AM EST on September 10th for our monthly Garden Talk! This month will cover planting, care and common pests of North Florida citrus.

Garden Talk events have a \$5 registration fee and attendees will receive presentation handouts and educational publications! Due to COVID-19 safety protocols, registration will be limited so reserve your spot ASAP! Each session will follow COVID-19 safety protocols such as social distancing and mask-wearing.

[REGISTER HERE: https://jeffgardentalk.eventbrite.com](https://jeffgardentalk.eventbrite.com)



2021 Fall Seed Library!

The Seed Library Program was launched in Spring 2021 as a collaborative effort between the Jefferson County R.J. Bailar Public Library, UF/IFAS Extension and Herbalists without Borders. The program is designed to promote gardening.

HOW IT WORKS: Beginning Saturday, August 28, 2021 visit the library and Use your library card to check out up to three seed packets each month, and they are yours to keep!

FALL 2021 VARIETIES INCLUDE:

- Common Arugula
- Early White Vienna Kohlrabi
- Rocky Top Lettuce Mix
- Slo-Bolt Cilantro
- Waltham 29 Broccoli

Family & Consumer Sciences News

Appliance Basic Checklist:

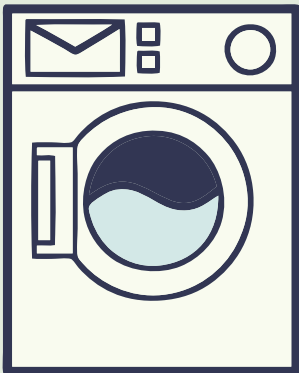
Keeping your appliances clean, dry, and properly wired will increase performance!

Electric Range:

- Replace burner that don't heat correctly
- Switches that malfunction, contact electrical repair services.

Gas Range

- Leaking gas should be only tackled by professional
- Clean or adjust the pilot light



Washer/Dryer

- Clean filters
- Balancing each load of clothes
- Machine is level

Dishwasher

- Separate equally
- Correct amount of detergent
- Never use laundry soap!

Refrigerator:

- Unclog drain hole
- Dust underneath and behind
- Check gaskets around doors

Most major manufacturers have toll-free numbers to call!

Free Heart Health Screenings: Cholesterol/Blood Pressure/Glucose

Jefferson County Public Library
375 S Water Street
Monticello, FL 32344
September 2nd/September
16th.

2:00pm - 4:00 pm

For more information, please
contact Betsy Rykard at
(850) 427-4006

*All screenings will follow CDC
Social Distancing & Mask
Guidelines for COVID - 19.



Looking Forward with FCS: Living Well Wednesdays

Coming soon! A zoom-based program
discussing the topic of quick and healthy
meals.

Starting in October and continuing
through the month of December.

Time: 12:30 pm -1:30pm
Date: TBD

Living Healthy: Diabetes and Healthy Snack Workshop

September 28,2021
10:30am - 11:00am
Jefferson Senior Citizens Center
1155 N. Jefferson St.
Monticello, FL 32344
850-342-0271
Please contact Annie McDuffie at
850-342-0242 ext. 231
to sign up.

FAMU Extension News

2021 Fall Looking Forward How can you get involved with FAMU 4-H this fall?

NATIONAL 4-H STEM CHALLENGE— GALACTIC QUEST

Kids learn foundational STEM skills while they wrestle with the same questions as today's top aerospace scientists and engineers!

Activities can be done all at once or individually, making it great for classrooms, afterschool programs, clubs, parents, and more.



FAMU Tech Changemakers

We Want YOU!

Tech Changemakers is a program designed to pair teenagers (who are very tech literate) with older persons in the community to teach them valuable tech skills to make them more employable and confident in the ever-growing/changing workplace.

FAMU Tech Changemakers is recruiting motivated teenagers who are interested in helping close the gap of the digital divide.

2022 In –Person 4-H National Summits in Washington D.C

PLEASE SEE BELOW FOR THE DIFFERENT SUMMITS BEING OFFERED THIS UPCOMING YEAR AND THE DATES.

- **Healthy Living Summit**
 - February 10th–13th
- **Agri-Science Summit**
 - March 10th–13th
- **Citizenship Washington Focus**
 - June 5th—July 16th (week long programs)
- **Leadership Washington Focus**
 - July 18th—July 22nd
- **STEM Summit**
 - September 15th—18th

Agri-STEM

Agri-STEM is a program that teaches students about multiple areas of agriculture that uses science, technology, engineering, and mathematics in their everyday practices.

The Areas of Agriculture Include:

- Natural Resources
- Veterinary Technology/ Animal Science
- Biological & Agricultural Systems Engineering
- Food Science
- Entomology

September

Mon	Tues	Wed	Thurs	Fri	Sat / Sun
		1	2 Heart Health Screenings 2pm	3	4 5
6 Labor Day	7	8	9	10 <u>Garden Talks:</u> <u>Growing Citrus</u> 10 am	11 12
13	14	15	16 Heart Health Screenings 2pm	17	18 Photography Contest ends 19
20 4-H Teen Council 4pm 4-H North Florida Fair Booth Deadline	21 <u>Virtual Backyard Gardening Workshop</u> 6PM	22	23	24	25 26
27	28 Living Healthy Workshop 10:30 AM <u>Virtual Backyard Gardening Workshop</u> 6PM	29	30		

September Events

Heart Health Screening - 2nd
 Labor Day - 6th
 Heart Health Screening - 16th
 Garden Talks: Growing Citrus - 13th
 Jefferson Photography Contest Ends - 18th
 4-H Teen Council Meeting - 20th
 4-H North Florida Fair Booth Deadline - 20th
 Healthy Living Workshop - 28th

Upcoming October Events

Living Well Wednesdays - TBD
Garden Talks: Wildflowers - 8th
 4-H Teen Council Meeting- 18th
 North Florida Fair Booth set-up- 30th
 North Florida Fair Booth set-up - 31st
 Halloween - 31st

Meet the Staff!



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