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## Safety comes first!



# Most injuries in a natural disaster occur during cleanup!



Every year homeowners are seriously injured or killed trying to do their own tree work

## Storm damage cleanup is extremely dangerous, even for professionals!



### Safety comes first!

- Personal protective equipment
- Clearing and removing debris
- Overexertion
- Electrical lines and utilities
- Work zone safety
- Chain saws

### Personal Protective Equipment



Hard hat



Eye protection



Hearing protection

Wearing the appropriate gear is the best way to reduce the possibility of serious injury

Just wear it!

### Personal Protective Equipment



Chaps (when using chainsaws)



Gloves

Just wear it!



Safety footwear (no flip flops)

#### Homeowners: Stay Safe!

- Do not use chain saw, tree chipper, tractor if:
  - inexperienced in operating it
  - you are not physically fit to handle it
- Do not perform tree work that involves:
  - climbing of any kind
  - working from a ladder to prune a tree
  - felling trees



#### General Safety Guide

- Do not work alone
- Establish good communication before you start
- During clean-up operations be aware of where others are



#### General Safety Guide

• Keep a well-stocked first-aid kit nearby

• Have the capability to contact emergency personnel



Photo courtesy of Kevin Eckert



#### General Safety Guide

- Wear appropriate safety clothing/gear
  - wear light colored clothing
  - wear waterproof boots & gloves when floodwater present
- Use sun screen
- Use insect repellant
- Drink water regularly
  - avoid carbonated, caffeinated & alcoholic beverages
- Eat lightly

#### **Avoid overexertion**

- Take frecuent rest breaks – most injuries occur wrere workers are fatigued
- Schedule the more strenous work for the coolest part of the day



- Avoid lifting more than you are capable:
  - remember: wet debris are heavier!
- Lift with legs, not your back

## Survey the site

- Assess the area for damages
- Assess the area for hazards and potential hazards
- Take pictures of the damage prior to any cleanup



## Survey the site: Look up, down and around

- Use a wooden stick to check flooded areas for pits, holes, or protruding objects
- Be aware of hazards that can lead to slips, trips or falls
- Be alert for dogs, rats and insects
- Be alert for sharp or jagged debris:
  - use heavy work gloves when handling debris

#### Look up, down and around: Trees and branches



- Watch for broken, hanging limbs and leaning trees that may be ready to fall
- Watch for attached vines
- Watch for trees or branches that are bent, twisted, hung up or caught under another branch or object

#### Look up, down and around: Power lines

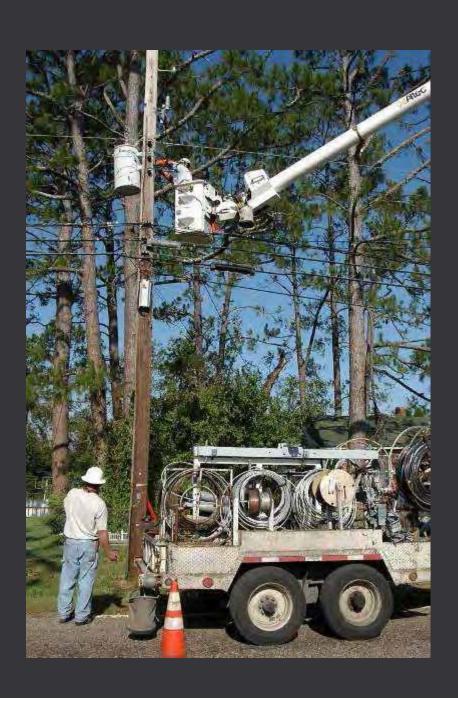


- Stay away from downed power lines, wires, cables and other utilities
- Watch for electric wires dangling in trees
- Assume all power lines are energized

#### Be aware of electrocution!

- Power lines can
   energize fences or any
   metal buildings they
   come in contact with
- Use caution when moving metal objects (e.g. ladders) in the vicinity of power lines

Treat any power line as 'live'!



## Be aware of electrocution!

- Call the power company to report trees or tree parts that have fallen or are leaning on a power line
- Only qualified lineclearance arborists should work near power lines

## Plan before starting work

- Discuss safety protocols
  - identify and eliminate hazards
  - create a safe work zone
- Discuss work assignments
- Prioritize tasks

Take the time to do the job right!

#### Identify and eliminate hazards

- Clear loose debris
- Remove combustible materials
- Look for broken or dead limbs
- Assure that there are no power lines nearby



• Be aware of the <u>context</u> in which you are working. This includes knowing where people, structures, vehicles, and wires are

#### Create a safe work zone

- Keep nonworkers safely outside
- Mark the area with tape or cones



 Appoint a flagger or use barricades and warning signs to control both vehicle and pedestrian traffic

#### Create a safe work zone

- Set a perimeter around the work area:
  - At least two times the height of the tree you are working on.
  - more distance if felling trees or dropping limbs



Have an escape route handy

#### Chain Saw

- One of the most dangerous hand tools available!
- 80% of injuries are to hands, legs and feet
- Risk of injury increases after storms

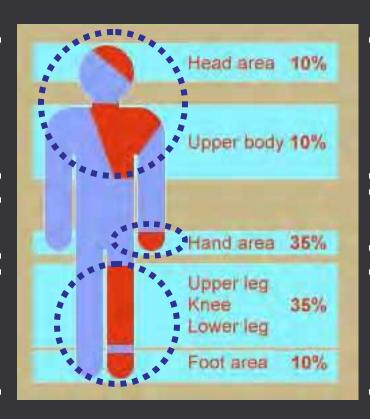


#### Chain Saw

## Common causes of injuries

How to prevent them

- cutting above head
- × kickback
- **x** using saw one-handed
- × careless cutting



- cut below head level
- cut slowly
- keep both hands on saw
- wear protective equipment

#### Personal Protective Equipment (PPE)



Photo courtesy of Kevin Eckert

Professionals tree
 workers are required
 <u>by law</u> to use PPE

 Homeowners should wear the same protection as the professional or NOT do the work!

#### Chain Saw Safety Tips

- •Read and heed the owner's manual!
  - -for safe operation
  - -for proper maintenance
- Familiarize
  yourself with
  the chain saw
  before using it
   especially if
  saw is new



Photo courtesy of Kevin Eckert

#### **Chain Saw Safety Tips**

- Keep the chain saw handle clean, dry and free from oil and fuel
- Make sure:
  - the size of the blade is adequate for the work to be performed
  - check and adjust the tension of the blade



Photo courtesy of Kevin Eckert

#### Chain Saw Safety Tips

- •Never use a chain saw to cut anything other than wood
- Look for safety features, such as:
  - chain brake
  - spark arrester
  - chain catcher
  - vibration reducer



Photo courtesy of Kevin Eckert

## Don't forget to keep both hands on the handles

- 35% of chain saw injuries affect the hands
- They are the result of using the saw with just one hand



Photo courtesy of Kevin Eckert

## Always cut at waist level or below

- 10% of chain saw injuries affect the head and 10% the upper body
- They are the result of making overhead cuts



Photo courtesy of Kevin Eckert

#### Avoid kickback

It occurs when the upper tip of the guide bar contacts an object, causing the saw to come straight back at the operator



Photo courtesy of Kevin Eckert

Keep in mind:
It happens so fast that there is
no time for reaction!

#### How to prevent kickback: cont.

- NEVER cut with the upper tip of the saw!
- Watch where the tip of the guide bar is at all times
- Stand to the side of the chain saw so you are more balanced



Photo courtesy of Kevin Eckert

#### Be aware of "spring poles"

- Trees or branches that are bent, twisted or caught under another object may snap back, hit you or pinch the saw
- To avoid it:
  - identify the point of maximum tension
  - cut at the point of least tension to slowly release tension



#### When operating a chain saw...





Photo courtesy of Kevin Eckert

Be sure the operator is aware of your presence before you approach!

#### When fueling the chain saw...

- Clean the area around the site
- Use only appropriate gas containers for filling & transporting
- Set the saw on the ground when filling



Photo courtesy of Kevin Eckert

• Let the chain saw engine cool before refueling

#### When carrying a chain saw...

- The engine should be shut off
- The chain brake should be engaged
- The scabbard should cover the guide bar to prevent cuts
- The chain saw should be carried backward
- The muffler should be carried away from the body to prevent burns



Photo courtesy of Kevin Eckert

#### **Additional Resources**

http://www.isa-arbor.com/publications/
click on TreeWorkerSafety

www.flagsafe.ufl.edu
click on Tractor safety for disaster recovery
Chain saw safety
Eye safety

www.osha.gov

Click on Emergency preparedness and response

### Remember: Safety First!

- Wear the personal protective equipment
- Pay attention to your surroundings and maintain a safe work zone
- Follow safety tips closely to avoid preventable injuries, such as electrocution, overexertion, and chain saw injuries
- Get professional help if unsure of your ability to use chain saws or other equipment