

Santa Rosa County Cooperative Extension Teaching and Demonstration Gardens



Swamp Milkweed Asclepias incarnata

Not to be confused with aquatic milkweed (*Asclepias perennis*). Aquatic milkweed flowers are white and it is restricted to floodplain forest and along streams. Swamp milkweed flowers are made up of small, rose-purple flowers. Swamp milkweed is a host plant for butterflies and can look defoliated when eaten by host caterpillars. Milkweeds in the genus *Asclepias* provide the only plant material monarch caterpillars can eat. This popular plant hosts many more besides monarchs - queen and soldier butterflies rely on the leaves to feed their young, too.

Type: perennial

USDA hardiness zones: 3a through 9b Uses: butterfly garden; pollinator garden Origin: native to Florida Height: 2 to 4 feet Spread: 1 to 3 feet Plant spacing: 3 to 5 feet Light requirement: full shade to part shade Soil tolerances: sandy loam; medium drained to wet Drought tolerance: low Soil salt tolerances: unknown Invasive potential: not invasive Pest resistance: no serious pests





Photo: Jennifer Anderson, USDA-NRCS PLANTS Database

Published June 2024: Larry Busbee, MGV, Frances Andrews, MGV, and Josh Criss, UF/IFAS Extension Santa Rosa County Cooperative Extension, 6263 Dogwood Dr., Milton, FL 32570 850-623-3868