

Santa Rosa County Cooperative Extension
Teaching and Demonstration Gardens

Swamp Twinflower

Dyschoriste humistrata

Swamp twinflower typically blooms in spring and is an annual to short-lived perennial. It makes an excellent groundcover and turf replacement in moist to wet soils and does very well in shady well-drained soils. It also adapts to seasonally dry conditions. Swamp twinflower has smaller flowers than Oblongleaf twinflower. Swamp twinflower's leaves are rounder and have a succulent appearance. Twinflower is so named because its flowers are born in pairs.

Type: annual to short-lived perennial

USDA hardiness zones: zones 8b through 11

Uses: a low-growing ground cover or specimen plant in wildflower gardens; also a larval host for the common buckeye butterfly

Origin: native to Florida

Height: 6 inches **Spread:** via underground rhizomes

Plant spacing: 18-24 inches

Light requirement: Full sun/part shade

Soil tolerances: average to moist soil

Drought tolerance: drought tolerant once established

Soil salt tolerances: low

Invasive potential: spreads quickly through underground runners

Pest resistance: no known pests; the flowers are a food source for insects that visit them for nectar.

**MORE
INFORMATION**

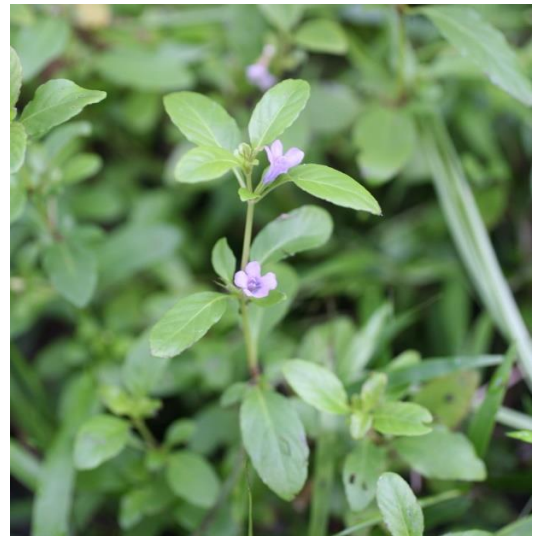


Photo: Florida Native Plant Society