

Edible Gardening Series with Sarah Bostick and Carol Wyatt-Evens UF/IFAS Extension Sarasota County

Resources from Session 12 Starting Seedlings at Home

Florida gardening books and planting guides:

- *Vegetable Gardening in Florida* by James Stephens (book)
- *Organic Methods for Vegetable Gardening in Florida* by Ginny Stibolt and Melissa Contreras (book)
- University of Florida online planting guides. Find the whole list here:
<https://gardeningsolutions.ifas.ufl.edu/care/planting/vegetable-gardens-by-season.html#:~:text=In%20Florida%2C%20fall%20is%20an,%2C%20Brussels%20sprouts%2C%20and%20radishes.>
- Florida Vegetable Gardening Guide (11-page UFL publication): <https://edis.ifas.ufl.edu/vh021>

Starting Seedlings at home:

- This excellent resource from the University of Maryland teaches through written instructions, pictures, and videos: <https://extension.umd.edu/hgic/topics/starting-seeds-indoors>
- Another great resource from Clemson University: <https://hgic.clemson.edu/factsheet/starting-seeds-indoors/>
- Soil temperature chart for germination from Alabama Extension: <https://www.aces.edu/blog/topics/lawn-garden/soil-temperature-conditions-for-vegetable-seed-germination/>

Feel free to reach out with questions any time!

University of Florida/IFAS Extension Sarasota County

6700 Clark Road, Sarasota, FL 34241

Office: 941-861-9900

Email: sarasota@ifas.ufl.edu

Web: sarasota.ifas.ufl.edu or scgov.net



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