

# 100 Things to Learn

at Sarasota County  
UF/IFAS Extension and Sustainability



Sarasota County  
**CENTENNIAL**  
1921-2021  
UF IFAS Extension  
UNIVERSITY OF FLORIDA



## AGRICULTURE

### Sustainable Agriculture

1. Food systems
2. Agriculture best management practices

## GARDENING AND LANDSCAPING

### Gardens

3. Community gardens: how to join a local garden
4. Community gardens: garden management/considerations
5. School gardens: best practices and growing tips
6. School gardens: trainings for teachers and curriculum ideas
7. Edible gardening: seasons (what grows when)
8. Edible gardening: planning your edible garden
9. Edible gardening: sustainable pest control
10. Edible gardening: mulching
11. Edible gardening: beneficial insects
12. Edible gardening: nematodes
13. Edible gardening: watering
14. Edible gardening: fertilizing
15. Edible gardening: heat tolerant vegetables
16. Edible gardening: fruit tree selection for our area

## NATURAL RESOURCES

### Chemicals in the Environment

33. Mosquitoes
34. Biorational pesticides

### Ecology and Natural Resources

35. Gopher tortoises
36. Coyotes
37. Owls
38. Sharks
39. Eagles
40. Bats

17. Edible gardening: seed starting
18. Edible gardening: container gardening
19. Edible gardening: herbs for Florida
20. Edible gardening: tomato growing
21. Understanding your soil

### Horticulture (Commercial)

22. Tree planting techniques
23. Benefits of trees
24. Green industry best management practices

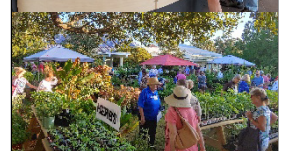
### Horticulture (Residential)

25. Florida-Friendly Landscaping™
26. Sustainable landscaping in your community association
27. Weeds
28. Wildflowers
29. Plants for pollinators
30. Plants for birds
31. Butterflies and pollinators
32. Florida snakes

41. Alligators
42. Bobcat/panthers
43. Scrub jays
44. Bird beak adaptations
45. Prescribed fire
46. Invasive plants
47. Invasive animals

### Marine and Coastal

48. Mangroves
49. Marine debris
50. Living shorelines



Continue reading on back

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## NATURAL RESOURCES *(cnt'd)*

### Waste Reduction

- 51. Recycling
- 52. Composting
- 53. Food waste reduction
- 54. Plastics reduction
- 55. Green business practices

### Water Resources

- 56. Healthy ponds
- 57. Nutrients in reclaimed water
- 58. Bay-friendly fertilizing

- 59. Citizen science opportunities
- 60. Microplastics
- 61. Aquifers
- 62. Where your drinking water comes from
- 63. Safe drinking water
- 64. Importance of drinking local
- 65. Freshwater wetlands
- 66. Nitrogen footprint
- 67. Irrigation best practices
- 68. Rain sensor maintenance
- 69. Drip irrigation

## NUTRITION AND HEALTHY LIVING

### Family and Consumer Sciences

- 70. Disaster preparedness
- 71. Closing up your (Florida) home
- 72. Cooking with herbs and spices
- 73. Preserving food through dehydration
- 74. Instant pressure cookers
- 75. Water bath canning and pressure canning
- 76. Food safety in the kitchen
- 77. Food safety in the workplace: safe-staff training

- 78. Dietary guidelines for Americans
- 79. Physical activity guidelines for Americans
- 80. Nutrition on a budget
- 81. Meal planning
- 82. Best practices for healthy snacking
- 83. The importance of whole grains
- 84. Green cleaning
- 85. Age-friendly: fall prevention

## SUSTAINABILITY (COMMUNITY DEVELOPMENT)

### Sustainability

- 86. Energy efficiency
- 87. Water efficiency
- 88. Solar energy technologies
- 89. Solar energy basics for kids
- 90. Universal design/age-friendly housing
- 91. Property-assessed clean energy (PACE) financing

- 92. Sustainable living
- 93. Electric vehicles
- 94. Climate change
- 95. Indoor environmental quality of your home
- 96. Green building
- 97. Energy equity

## YOUTH DEVELOPMENT

### 4-H

- 98. 4-H youth development
- 99. 4-H youth leadership
- 100. 4-H youth service learning



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