

## Volusia County 4-H 4-H Project Summary



| Name:                             | 4-                                  | ·H Club:              |                  |
|-----------------------------------|-------------------------------------|-----------------------|------------------|
| 4-H Age:                          | _ Years in 4-H:                     | 4-H Year: _           |                  |
|                                   |                                     |                       |                  |
| I want to be co                   | nsidered for <b>County 4-H Aw</b> a | ards in these project | Areas:           |
| Completed Project Bo              | ooks                                |                       | YEARS IN PROJECT |
|                                   |                                     |                       |                  |
|                                   |                                     |                       |                  |
|                                   |                                     |                       |                  |
|                                   |                                     |                       |                  |
|                                   |                                     |                       |                  |
| *Only 1 project is required per y | ear.                                |                       |                  |

#### Instructions

- Complete Section 1 AT THE START OF YOUR PROJECT.
- Sections 2 & 3 should be completed as you work on your project through the year.
- 4-H Summary consists of:
  - A. Your 4-H Summary with Sections 1, 2, and 3 completed
  - B. Project books with a **minimum of 6 activities completed**, worksheets, or animal record books that you completed as evidence of your project accomplishments.
  - C. Project pictures with captions.
  - D. 4-H Story.
- Standards of Excellence and Club Officer Books should be turned in separately.
- Complete a project book for each project you complete and submit it with your summary.
- Photos: Attach photos from throughout this 4-H year demonstrating what you have completed/ accomplished including before, during, and after shots. Don't forget to include your citizenship and leadership activities too. Attach no more than three (3) pages (8 1/2" x 11", one side only) of pictures to this report. Be sure to include a sentence about what you are doing in each picture.

### All Signatures Required before 4-H Project Summary is turned into the 4-H Office

| "I personally prepared this Project Summary and it is a true report | of my 4-H Project". |  |
|---------------------------------------------------------------------|---------------------|--|
| 4-H Member Signature:                                               | Date:               |  |
| Record Book Approvals                                               |                     |  |
| Parent/Guardian Signature:                                          | Date:               |  |
| 4-H Leader Signature:                                               | Date:               |  |
| Please take special considerations when judging this youth's 4-H    | Summary:            |  |
| Parent/Guardian Signature:                                          |                     |  |
| Reason (Or Contact the 4-H Office via phone or email):              |                     |  |
|                                                                     |                     |  |
|                                                                     |                     |  |

#### Section 1: 4-H Year Plans and Goals

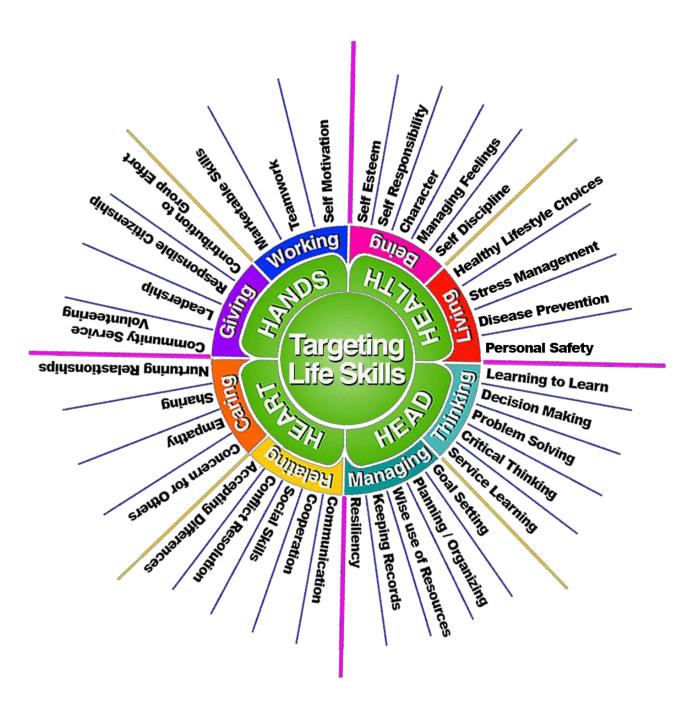
At the beginning of the 4-H year: Write out the goals you want to accomplish this year. Identify the project it aligns with. Think about what actions you will need to take to accomplish your goals. Finally, list any challenges or limitations you may face while working toward your goal. List at least one goal for each project you plan to complete this year.

At the end of the 4-H year: Write Y (Yes) or N (No) if you achieved the goal.

| 4-H Project            | Goals                                                                  | Action                                                   | Challenges                         | Goal<br>Achieved<br>(Y/N) |
|------------------------|------------------------------------------------------------------------|----------------------------------------------------------|------------------------------------|---------------------------|
| Example:<br>Entomology | Submit an insect collection into the 2023 4-H Insectathon Competition. | Start collecting insects every weekend, learn how to pin | Identifying insects to their genus | Υ                         |
|                        |                                                                        |                                                          |                                    |                           |
|                        |                                                                        |                                                          |                                    |                           |
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|                        |                                                                        |                                                          |                                    |                           |



# 4-H Life Skills



## **Section 1: 4-H Life Skills**

**Instructions:** This page is to be completed at the **beginning** of the 4-H year. Using the 4-H Life Skills Wheel on page 4, select life skills that you think your 4-H Project(s) will help you learn or practice throughout the year. Juniors (ages 8-10) must select **1** life skill, Intermediates (11-13) **2** life skills, and Seniors (14-18) must select **3** life skills.

| Example:                                                                                            |  |
|-----------------------------------------------------------------------------------------------------|--|
| Life Skill #1: Disease Prevention                                                                   |  |
| How will your 4-H Project help you practice this Life Skill?                                        |  |
| "My 4-H project will help me practice disease prevention by making sure that I wash my hands before |  |
| starting a 4-H cooking project and making sure I do not cross contaminate my food".                 |  |
|                                                                                                     |  |
| Life Skill #1:                                                                                      |  |
| How will your 4-H Project help you practice this Life Skill?                                        |  |
|                                                                                                     |  |
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|                                                                                                     |  |
|                                                                                                     |  |
|                                                                                                     |  |
| Life Skill #2:                                                                                      |  |
| How will your 4-H Project help you practice this Life Skill?                                        |  |
|                                                                                                     |  |
|                                                                                                     |  |
|                                                                                                     |  |
|                                                                                                     |  |
| Life Skill #3:                                                                                      |  |
| How will your 4-H Project help you practice this Life Skill?                                        |  |
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|                                                                                                     |  |

## Section 2: My 4-H Year

#### **MEETING ATTENDANCE**

Total number of club and project meetings you attended each month.

| Club Nan | ne AUG | SEPT | ОСТ | NOV | DEC | JAN | FEB | MAR | APR | MAY | JUNE |
|----------|--------|------|-----|-----|-----|-----|-----|-----|-----|-----|------|
|          |        |      |     |     |     |     |     |     |     |     |      |
|          |        |      |     |     |     |     |     |     |     |     |      |

#### **LEADERSHIP & COMMITTEE SUMMARY**

**Directions:** Please list leadership positions you have held, committees served, and your responsibility. List the level: **L** = club, **C** = county, **D** = district, **S** = State, **R** = Regional, or **N** = National

| POSITION HELD OR COMMITTEE NAME      | LEVEL | RESPONSIBILITY                                   |
|--------------------------------------|-------|--------------------------------------------------|
| Example: Community Service Committee | L     | In charge of taking notes for committee meetings |
|                                      |       |                                                  |
|                                      |       |                                                  |
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#### **DEMONSTRATIONS & EXHIBITS**

**Directions:** List all the public speaking, demonstrations & exhibits you did in your completed projects. Try to do at least one demonstration and one exhibit in each project.

List the level: List the level: L = club, C = county, D = district, S = State, R = Regional, or N = National

| DATE              | EVENT         | LEVEL | TITLE/DESCRIPTION       | PROJECT |
|-------------------|---------------|-------|-------------------------|---------|
| Example: 03/12/23 | County Events | С     | "How to hobble a horse" | Horse   |
|                   |               |       |                         |         |
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#### **4-H ACTIVITIES & HONORS**

**Directions:** List all 4-H activities you participated in this 4-H year. Make sure to indicate your level of participation, the project area, and indicate if an award was received. Make sure to list ribbons, rosettes, medals, trophies, and premiums you received from exhibits and shows. You may also list trips or scholarships if they were given to you as an award for something that you did in your completed projects. If the activity related to your 4-H project indicate that in the "Project Area" box.

Level: L = Club; C = County; D = District; S = State; R = Regional, or N = National

| DATE            | ACTIVITY                  | LEVEL | AWARD                | PROJECT<br>AREA |
|-----------------|---------------------------|-------|----------------------|-----------------|
| Example 1/22/22 | 2022 Area East Horse Show | D     | Blue Ribbon Dressage | Horse           |
|                 |                           |       |                      |                 |
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#### **4-H COMMUNITY SERVICE CHART**

**Directions:** This is a way for you to record the hours that you donate to 4-H and other groups. Service hours are non- paid hours that you give to benefit others.

**Level:** L = Club; C = County; D = District; S = State; R = Regional, or N = National

| DATE | ACTIVITY | LEVEL | # 4-H<br>HRS | # NON<br>4-H HRS |
|------|----------|-------|--------------|------------------|
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|      |          |       |              |                  |
|      | TOTAL    | HOURS |              |                  |

## **Section 3: 4-H Reflection**

**Directions:** This page is to be completed at the **END** of the 4-H year. Using the 4-H Life Skills that you chose at the beginning of the year. In 1-2 sentences explain how your 4-H project helped you develop these skills.

| Example:                                                                                    |
|---------------------------------------------------------------------------------------------|
| Life Skill #1: Disease Prevention                                                           |
| How did your 4-H Project help you develop this Life Skill?                                  |
| "My 4-H project helped me practice disease prevention by using different cutting boards for |
| meat and vegetables. This helped prevent cross contamination."                              |
| Life Skill #1:                                                                              |
|                                                                                             |
| How did your 4-H Project help you develop this Life Skill?                                  |
|                                                                                             |
|                                                                                             |
|                                                                                             |
|                                                                                             |
| Life Skill #2:                                                                              |
|                                                                                             |
| How did your 4-H Project help you develop this Life Skill?                                  |
|                                                                                             |
|                                                                                             |
|                                                                                             |
|                                                                                             |
|                                                                                             |
| Life Skill #3:                                                                              |
| How did your 4-H Project help you develop this Life Skill?                                  |
| Thom and your 4 Th Toject help you develop this Life Skin:                                  |
|                                                                                             |
|                                                                                             |
|                                                                                             |

#### 4-H STORY

**Directions:** Write about your full 4-H experience this past year. Please use complete sentences. You can attach another page if you need more room. Make sure to include: ☐ 4-H activities you participated in throughout the year ☐ 1 paragraph about your 4-H project. If you have more than one 4-H project, write one paragraph for each 4-H project. ☐ Special events, activities, fieldtrips you participated in ☐ The Life Skills you selected and how you developed it. **Use your explanations from page 11.** 

| 4-H Story Continued |
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Completed Project Reports are due to the 4-H Office by June 30, 2025.

<sup>\*</sup>Please be sure to indicate project goals achieved on page 3.

#### **Project Report-Judging Sheet**

| Name:         |  |
|---------------|--|
| Club:         |  |
| Project Area: |  |
| Years in 4-H: |  |

| Organization ( 10 points Possible ) |                 |                                                                                                                                                                 | Judges Score/Reasoning |
|-------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
|                                     | 3               | Tabs separating sections                                                                                                                                        |                        |
|                                     | 3               | Table of Contents                                                                                                                                               |                        |
|                                     | 4               | 4-H Summary pages in order                                                                                                                                      |                        |
| Section 1: 4-I                      | H Life Skills ( | 10 Points Possible )                                                                                                                                            | Judges Score/Reasoning |
|                                     | 10              | Appropriate Goals and Life Skills Selected                                                                                                                      |                        |
| Section 2: M                        | y 4-H Year ( 2  | 5 Points Possible )                                                                                                                                             | Judges Score/Reasoning |
|                                     | 5               | Club Meeting Attendance                                                                                                                                         |                        |
|                                     | 5               | Demonstration & Exhibits                                                                                                                                        |                        |
|                                     | 5               | Leadership and Committee Summary                                                                                                                                |                        |
|                                     | 5               | 4-H Activities and Honors                                                                                                                                       |                        |
|                                     | 5               | 4-H Community Service                                                                                                                                           |                        |
| Section 3: Pro                      | oject Docume    | entation ( 55 Points Possible )                                                                                                                                 | Judges Score/Reasoning |
| Points<br>Possible                  | 20              | 4-H Reflection Tell how your project developed the life skills selected at the beginning of the 4-H year.                                                       |                        |
|                                     | 20              | Project Book/ Record Book 6-7 activities must be completed to be awarded full points. Animal record books must be completely filled out to receive full points. |                        |
|                                     | 10              | 4-H Story  Must contain information about life skills learned. One paragraph for each 4-H project completed this year.                                          |                        |
|                                     | 5               | Project Pictures  Each picture must have a description  Place pictures with associated project                                                                  |                        |